

## International Marcé Society December 2011 newsletter

### Paris 2012!

**As President of the International Marcé Society for Perinatal Mental Health, I am pleased to tell you that our next biennial congress will take place in Paris, France, from October 3-5, 2012.** Colleagues who are already intending to contribute to the Marcé Society Biennial conference October 3-5, 2012 in Paris are from Canada, Morocco, Turkey, Brazil, Australia, England, Indonesia, Poland, USA, Spain, Italy, New Zealand, India, Germany, Switzerland, France. Please join them.

For information visit our congress website:

[http://www.infocongres.com/page6.php?congres\\_id=123](http://www.infocongres.com/page6.php?congres_id=123)

Abstract submission is now open until January 31, 2012 and early registration fees are available until December 31st on the website:

<https://www.conftool.net/marce-society-paris2012/>

I am looking forward to meeting you in Paris—please join us!

Ms. Nine Glangeaud - Senior researcher, President of the International Marcé Society

### Dear Members of our Marcé Society,

**The Executive Committee has worked hard over the last several years to improve the membership value of our organization. For example, we now have a professional management company, Parthenon Management, with Nicole Greer as our primary contact. The website is user-friendly, we have newsletters, and a responsive member listserve. and don't forget, you can view the lectures from the Pittsburgh Marcé Society meeting 2010 on [www.MedEdPPD.org](http://www.MedEdPPD.org).**

**We are pleased with our growth, but NEED YOUR HELP! Please also invite at least one colleague to join for the 2012 year! If each of us would have a colleague join, we would meet our membership target and be able to plan additional services for our Society. Please consider the gift of purchasing a membership for a colleague or friend as a holiday gift! You can include this link to have someone join or sign someone up anytime:**

<http://marcesociety.com/Membership-Info.aspx>.

### 'Babies Aloud' – What men need to know about postnatal depression

We know that fathers want to be included and involved with all aspects of the pregnancy and childbirth. When equipped with a sound knowledge of the expectations of this period, men have the ability to deal effectively with the transition to fatherhood. In contrast, however, studies have found that men who were worried by the pregnancy, usually generated by a lack of information, had continued problems with their role as a parent and partner. Whereas the physiological impact of pregnancy and childbirth is often freely discussed between health professionals and fathers, there is little to suggest that men are always included in the discussions or teaching sessions about maternal mental health or the possibility of a depressive disorder occurring during the perinatal period. A DVD has been produced by and copyrighted to the Marcé Society and Swansea University to help health professionals and educators convey the effects of postnatal depression, paternal perspectives and the impact on child development. It will soon be available from the Amazon website, but copies are currently available from Jane Hanley. The DVDs cost £10 + postage and packing. The details about the DVD and how to obtain it are on the link: <http://shsfaculty.swan.ac.uk/janehanley/> **The proceeds of the sales will go directly to the Marcé Society, and are intended to fund future research projects into perinatal mental health.** To view this full report, please click here: <http://marcesociety.com/Reports.aspx>.

We would like to welcome new member Rosie Smith, MNZAC Chair of the Perinatal Mental Health New Zealand Trust. The Society looks forward to having their close involvement and support. You may visit their website to learn more at: [www.pmh.nz](http://www.pmh.nz).



**Check out what is new on the Marcé Society website!** Now featured on the homepage is a new section entitled, "In the News." Click here: <http://marcesociety.com/> to view headlines and articles relevant to postpartum, depression, breastfeeding and more. Please email us at [ngreer@parthenonmanagementgroup.com](mailto:ngreer@parthenonmanagementgroup.com) with any interesting news stories that you would like to see posted on our website.

### **Cheltenham 2011: a pioneer Marcé meeting.**

**By John Cox, Past President of the Marcé Society**

Cheltenham is a small Cotswold town in Gloucestershire, famous for its Races, International Music and Literature Festivals, the Spa waters and for its beautiful Regency buildings.

It is not however famous for its perinatal mental health service, which, apart from Sure Start, does not seem yet to exist. Nor has it ever hosted a Marcé Society meeting before. This Marcé Society meeting, held on May 17th 2011, was therefore pioneer - particularly because of the joint auspices with the local Centre for the Study of Faith,

Science and Values at the University of Gloucestershire, and the input from Sure Start. It was also opportunistic - Channi Kumar's wonderful memorial meeting, organised by Carmine Pariante, followed the day after at the Institute of Psychiatry in London.

The theme '*Recent advances in Community Mental Health Services for mothers and babies*' attracted therefore a galaxy of present and past Presidents as well as my former colleagues from Edinburgh, Keele, and Birmingham. The FSV Centre brought new pertinent academic perspectives to perinatal mental health from the Psychology of Religion, the editor of the Journal of Religion, Culture and Mental Health, and from the current chairs of the Centre.

The meeting took place in the Park Campus and attracted almost 80 delegates, who could attend three of the four rotating workshops on Alternatives to MBUs; Transcultural issues; Naming, Baptism and the management of Loss; and how to listen to the Ghosts and Angels in the nursery.

**To read the full report on this meeting, please click here:**

<http://marcesociety.com/Events.aspx>.



Women's Mental Health Congress in Madrid!

**If you have anything that you would like to share with Marce members that we may include in the next newsletter, please email us and let us know!** Or, tell us what type of information you would like to read about in the newsletter, so we can deliver the content that is helpful to you and your work. Do you like the format of this newsletter? This is only our second edition in this format and we are seeking feedback. Please email us with your comments at: [ngreer@parthenonmanagementgroup.com](mailto:ngreer@parthenonmanagementgroup.com). We want to be sure that we are delivering this information to you in the best way possible that meets your needs and piques your interest.



**Don't forget to "LIKE" us on Facebook here:**

<http://www.facebook.com/#!/pages/The-International-Marc%C3%A9-Society/123364077694228>.

**Recent listserv discussions that you do not want to miss!** Since our last newsletter in September, the members-only listserv has been very active with 13 topics being discussed among your colleagues: Antidepressant use and Autism, The Biography of Louis Victor Marcé, Comments submitted to the US Department of Health and Human Services, Depression Care in

the US, Grief During Pregnancy, Impact of Illness on Reproductive Outcome, Implanon and Depression, IVF and Bipolar, PPD Screening Schedule, Psychiatrists No Longer Seeing Pregnant Women, SSRI's, Does antidepressant use attenuate the risk of a major depressive episode in pregnancy, and Zuclopenthixol in Pregnancy. Click here to view any of these as well as other past discussions: <http://marcesociety.com/References.aspx>.

### **On Mother–Baby Units from our Marcé Society Listserv discussion And a visit to North Carolina to see the new Perinatal Psychiatry Unit!**

By Kathie Wisner

We had an interesting discussion about the many models of mother and baby joint care services across the world. What is clear is that there are a variety of models of care, that we have very few models in America, and that outcome data to support the cost-effectiveness of such programs is needed to support more widespread development. To me, what these models of care emphasize is that the focus on the mother alone, and treatments to “fix the mother” are not ideal across the course of maternal recovery from major psychiatric illness. Mother-baby units, which are also often welcoming to entire families, recognize the context in which the mother will recover and makes use of the significant people in her life as allies in care. To see the full report on this issue, please visit: <http://marcesociety.com/Reports.aspx>.

### **The National Network of Depression Centers (NNDC) <http://www.nndc.org/> Annual Meeting, November, 2011, report by Kathie Wisner**

I was fortunate to attend the NNDC meeting the first week of November as a representative of the Marcé Society. The NNDC is a nonprofit organization comprised of 21 academic medical centers dedicated to advancing research, treatment and public education regarding depression and bipolar disorder through comprehensive, multidisciplinary collaboration and national-scale networking of resources. The mission of the NNDC is "to improve the quality, effectiveness, and availability of depression and bipolar diagnosis, treatment, and prevention so people can live better lives." There are potential overlapping areas of interest in psychiatric illness related to the pregnancy and postpartum periods. At present, there is no mechanism for an organization other than an academic health center to join the NNDC, but this issue is being discussed by the Board. There is a fee to join and this fee is currently beyond what the Marcé Society could afford at present. My suggestion is that we keep the NNDC activities in mind as we build the Marcé Society. I will keep in touch with Dr. Heather Flynn (see below). My university (University of Pittsburgh) has elected not to be a member of the NNDC, but I can follow along as the Marcé Society representative. To see the complete list of NNDC members, click here: <http://marcesociety.com/Reports.aspx>.

**The research related to Women and Mood Disorders**, is Chaired by Heather Flynn, Ph.D., at Florida State University (originally at the University of Michigan). The Women and Mood Disorders Task Group is studying women with depression and bipolar disorders at various stages in life with a particular interest in reproductive-related mood disorders. They want to focus on standardized, large-sample research through the network collaboration. This task group is working on a common assessment package and multi-site clinical dissemination of best practices for depression treatment for

women, especially during pregnancy, postpartum, and/or menopause. A very interesting talk was given by William Beardslee, M.D., of Harvard University, on Family-oriented care for mood disorders in adults and children, with a free publicly available intervention model. Check it out at Families Overcoming and Preventing Depression! <http://fampod.org/>

**Do you have any information or experience with the Gates Foundation?** Their focus is global health, and mothers and infants are a priority. Typically, the Foundation has not been interested in mental health grants (to my knowledge); however, some of the materials – preventing preterm birth (clearly related to maternal depression!) seem more aligned with their interests. I read these announcements and thought about possible Collaborations for Marcé members across the world--- Share your comments in the listserve ([discussion@lsrv.marcesociety.com](mailto:discussion@lsrv.marcesociety.com)) or email Nicole Greer:([ngreer@parthenonmanagementgroup.com](mailto:ngreer@parthenonmanagementgroup.com))! Bill & Melinda Gates Foundation: <http://www.gatesfoundation.org/Pages/home.aspx>