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December 2016

## Letter from the President



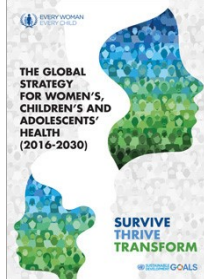
### Dear Marce Society Colleagues,

It is wonderful for those of you who were able to participate in the 2016 Biennial Scientific Conference of the Marcé Society to recall the stimulating scholarly program and the many opportunities for conversations and good company while you were in Melbourne. These are captured in Past President Professor Jeanette Milgrom's comprehensive and vivid account. I hope that those of you who were not able to come to this meeting are drawn to the Society's work and might contemplate participating in the next conference. Warm thanks and congratulations are extended to Jeanette, the Marcé Society Board and Officers, the local program and scientific committees and Nikki Abercrombie, the conference organiser, for their sustained work and imagination in organising the

excellent 2016 Conference.

I am most privileged to have been elected President for the next two-year period 2016 to 2018 and I look forward to this opportunity to serve the Society and advance its work. The United Nations' Global Strategy for Women's, Children's and Adolescents' Health, 2016-2030 provides an opportunity and a framework for the integration of mental health into all strategies to improve the lives of women and children including in resource-constrained settings.

***The new Global Strategy aims to achieve the highest attainable standard of health for all women, children and adolescents, transform the future and ensure that every newborn, mother and child not only survives, but thrives.***



It is my hope that with the technological advances in global communications, e-health and m-health we can extend the reach of the Society's work from the high-income nations where such important expertise and evidence reside, to the low- and middle-income nations of the world where most women live and have children.

I hope you will all contribute ideas, activities and strategies to strengthening cross-national, cross-disciplinary and intercultural collaborations.

Thank you for the warm good wishes that have been offered by so many people for the next two years of the Marcé Society's work and activities. I look forward very much to working with you!

Jane Fisher  
President 2016 - 2018

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## Looking Back: Marcé Society Biennial Scientific Conference 2016

Eight weeks ago, I was surrounded by colleagues from all around the world - close to half of the attendees (300-600) were from outside of Australia. We learnt, shared and partied!! The International Marcé Society Biennial Scientific Conference 2016 was a wonderful event! Abstracts and PowerPoints can be found on the International Marcé website at [www.marcesociety.com](http://www.marcesociety.com). I think we certainly tackled Frontiers in Perinatal Mental Health - looking to the future (our Conference theme) and made inroads to developing a future agenda to improve the emotional well-being of mothers, fathers and babies.



Some highlights included:

- Our opening ceremony with Carolyn Briggs, a respected elder from the Boon Wurrung Foundation, was a moving start with a smoking ceremony and some insights into personal experiences.
- Our Ministers (the Hon Sussan Ley and Hon Martin Foley) not only gave a snapshot of the Australian Perinatal Mental Health scene, but shared with us their passion and commitment to this area.
- Plenary sessions and invited speakers - too many to name but the feedback from delegates was that the learnings were plentiful and much appreciated.
- Regional symposia were informative and enriching (Japan had a huge delegation!)
- Biennial General Assembly - this was well attended and a wonderful process with lots of support for recommendations including revised regional group fees to make membership more accessible.
- The Australasian Marcé Society hosted dinner for Board members on Sunday was an inviting start to the Conference (and delicious!).
- The Surprise Gala dinner was certainly a surprise! Our thanks to Anne Buist for the wonderful entertainment and singing, followed by Bollywood dancing and more; and to our speaker, Georgie Harman CEO beyondblue for very much joining in the fun!
- The historical launch of the Global Alliance for Maternal Mental Health (GAMMH), Dr Alain Gregoire inspired us and the first inaugural meeting was held during the Conference.
- We were able to celebrate the achievements of Vivette Glover and Nine Glangeaud when I awarded the John Cox and Marcé medals respectively.
- A full house at the Gidget Breakfast with Vijay Roach giving a thought-provoking presentation.
- In-conference workshops were well attended and provided in depth small group discussions. Pre and post Conference workshops were fabulous, and included the joint APS (PIPIG), AIMH & Marcé workshop on Mindful and Reflective Approach to Mother-Infant Intervention.
- Other highlights were the posters and a great film and popcorn night with the moving UK BBC

- documentary: My Baby, Psychosis and Me with Rebecca Burrell, Producer/Director, streamed live.
- Mother-Baby Unit tours - buses were full and there was an enormous interest in our units; this built on Dr Roch Cantwell's Lessons from maternal suicide: 17 years of the UK Confidential Enquiries into Maternal Deaths and the impressive presentations from around the world by Nine Glangeaud-Freudenthal (UK, France, India and USA), Claudia Klier (Germany), Keiko Yoshida (Japan), Megan Galbally (Australia) and Signe Dorheim (Sweden).
  - We enjoyed the lovely and comfortable conference venue with lots of yummy food and the great views and walks around Albert Park Lake.



No event such as this occurs without the involvement of many, many people. I would like to kindly thank the Scientific and Local Committee, the Conference Organiser, Nikki Abercrombie, Officers on the Executive of the Marcé Society, the Board and Regional group representatives of the Marcé Society. Thanks also to the amazing student ambassadors convened by Jennie Ericksen and all the staff at my Parent-Infant Research Institute who put in above and beyond. Also to Laura Miller our Secretariat for her great support of the Conference from afar. Finally, thanks to sponsors for their support and generous funding: Australian Government, Department of Health, PIRI, Austin Health, beyondblue, Bupa, Aracy, Gidget Foundation, Ramsay Health Care, Australian Association for Infant Mental Health Inc., Seed, Deakin University, Australian Psychological Society (PIPIG) and Sage Therapeutics.

Finally, congratulations Jane Fisher, our new president, on taking the Society forward! And welcome to all new Board and Executive members. I look forward to working with you and the Executive and the great Marcé Society. Looking forward to Bangalore in 2018!

Jeannette



*Special thanks to our incredibly competent but discreet conference organiser Nikki Abercrombie (behind the flowers) at the final ceremony of the handing over from the past to the new president!*



Professor Jeannette Milgrom,  
Parent-Infant Research Institute, Austin Health;  
Professor of Psychology, University of Melbourne  
Immediate Past President, Marcé Society for Perinatal Mental Health  
Marcé Society Conference Chair, Melbourne, Australia 2016

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## Our Plenary and Invited Speakers

Dr Rachel Yehuda, USA

Plenary: "Intergenerational transmission of trauma - epigenetic mechanisms, the in utero environment and early attachment"

Post-conference Workshop: "Diagnosis and treatment of Post-Traumatic Stress Disorder (PTSD)"

Dr Alain Gregoire, UK

Plenary: "Launch the Global Maternal Mental Health Alliance"

Professor Mark Hanson, UK

Plenary: "Developmental pathways to disease and how the environment before and after birth affects risk of chronic disease/infant development"

Professor Louise Howard, UK

Plenary: "Domestic violence and perinatal mental health"

Preconference Workshop: "How to ask and respond to Domestic Violence -recommendations by the WHO and NICE-a practical how to do it session"

Professor Ian Jones, UK

Plenary: "Severe postpartum mood disorders - who's really at high risk?"

Preconference Workshop: "Psychoeducation for Bipolar Disorder and Pre-Conception Counselling"

Terri Smith, Australia

Plenary: "Working together - Why collaborating with consumer organisations makes sense"

Dr Michael O'Hara, USA

Plenary: "Frontiers in treating of perinatal depression"

Professor Rhonda Marriott

Channi Kumar lecture:

"Indigenous Perinatal Mental Health: Reflections on Culturally Secure Practice"

Chair: Dr Jeffrey Meyer

Invited Symposium: "Translating Neuroimaging into Clinical Care in Postpartum Depression".

Chair: Professor Megan Galbally

Invited Symposium: "Psychopharmacological treatment in the perinatal period: from research to clinical practice"

Presenter: Professor Louise Howard

"Benefits of psychotropic medication in the perinatal period: what is the evidence?"

Presenter: Professor Ian Jones

"Psychotropics and pregnancy - making sense of the data"

Presenter: Dr Richard Wesseloo

"Lithium and other medication in bipolar disorder during pregnancy and the postpartum period"

Chair and Presenter: Professor Megan Galbally

Treating depression in pregnancy: focus on child outcomes

Chair: Dr Alan Gemmill

Invited Symposium: "Screening: The State of Our Knowledge, Issues Around Implementation of Screening".

## Invited Workshop Presenters

Professor Scott Stuart  
"Interpersonal Psychotherapy"

Dr Carol Newnham  
"The Premiestart Intervention: Helping parents help their preterm infants"

Simone Honikman  
"Secret History: a training method for enhancing non-mental health providers' empathic care for mothers"

Diane Reynolds  
"Mindful & Reflective Approach to Mother-Infant Intervention"

*We gratefully acknowledge the support of our Conference Sponsors:*



Australian Government  
Department of Health



Australian Association for  
Infant Mental Health Inc.



People caring for people



## Marce Members Featured Publications

### Archives of Womens Mental Health Journal

Marce Members in Bold

[Prevalence, continuation, and identification of postpartum depressive symptomatology among refugee, asylum-seeking, non-refugee immigrant, and Canadian-born women: results from a prospective cohort study](#)

Cindy-Lee Dennis, Lisa Merry, Donna Stewart & Anita J Gagnon

[Development of a mother and baby unit contraception assessment tool](#)

Chrisanthy Grace Jayarajah & Trudi Seneviratne

[Suicidality in early pregnancy among antepartum mothers in urban India](#)

T. A. Supraja, K. Thennarasu, **Veena A. Satyanarayana**, T. K. Seenaa, **Geetha Desai**, Kavita V. Jangam & **Prabha S. Chandra**

## Regional Group Updates

**Australasian Group**

The Australasian Chapter of the Marce Society for Perinatal Mental Health is pleased to announce its [Biennial Scientific Meeting](#) to be held in Brisbane, Australia 26-28 October 2017. This will be a great opportunity to join members, colleagues and guests as we explore our theme *When the Bough bends, Resilience in the Perinatal Period*.

The three day Conference will include lectures, symposia and discussions with national and international experts on some of the following themes:

- \* Attachment Newborn Behavioural Observations
- \* Interpersonal Violence
- \* Substance Use and Abuse in Pregnancy
- \* Assisted Reproductive Technology
- \* Maternal Death and Psychosocial Stress
- \* Post Traumatic Stress Disorder
- \* Fatherhood
- \* Surrogacy and Adoption.

Please join us for a delightful Soiree on the evening of Friday 27 October as we relax in the beautiful surrounds of the Queensland Terrace at the State Library.

Registrations will open in February 2017; in the meantime, you can express your interest in attending by emailing [ams@abercrombiemanagement.com.au](mailto:ams@abercrombiemanagement.com.au)

I look forward to welcoming you all to sunny Queensland for an engaging meeting.

Dr Lyndall White  
President, Australasian Chapter



## Francophone Group

Statistics about the French Speaking Marcé 2016 (Nov 2015 to Oct 2016)

Elisabeth Glatigny Dallay

19th SMF congress, Beaune Nov, 2016

Since 2012, we present our website statistics and since then we have recorded regular increases.

- An average 9117 visits each month (to compare in 2015 : 7715 visits)
- An average 299 visits per day. This number is increasing : 100 (in 2012), 130 (in 2013), 244 (in 2015) and 299 this year.
- Number of pages seen per visit: 4.4 Here too this number progresses : 2 to 3 pages in 2012, 3 in 2013 , 4.1 last year.
- Most visited pages: Since we record our visits the Mother Baby Unit page has always been the most seen. In this page you have a map and all the addresses of the units in France and Belgium. This year, as usual, this page is the most seen with, for example, 949 visits in October 2016, then you have the page Congress (352) and « présentation » = about us (310). Not far after comes the page DU (University Diplomas) and trainings.

Our website is being updated about every two months. We send an email to ask information about the next

update and we then post on the French listserve encouraging our members to look at our updated website. It's interesting to notice that the most frequently seen pages are those which also have the more updates.

Unfortunately we can not compare our statistics with other similar website. We'd like to know about the International website or other regional groups or websites like « maman blues »...

Showing our results every year is probably a stimulating way to reinforce our members who help us keeping our website updated.

Visit our website: [www.marce-francophone.fr](http://www.marce-francophone.fr)

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## German Speaking Groups

2016 activities and 2017 outlook

Our group has been very active in the last year with the meeting of the mother and baby units und the topic of peripartal therapy strategies. 90 participants were present in Frankfurt 10th and 11th March. Our thanks go to Dr. Bornheimer and colleagues from the Vitus Clinic, who were in charge of the organization and did an excellent job.

We are now heading to Berlin where we have a German Marce Symposium (organized by Prof. Grube) and a Symposium for General Practitioners at the German Psychiatric Association Annual Meeting

See <http://www.dgppn-kongress.de>

Beginning next year in March at the 46th meeting of Psychosomatics in Gynecology we will present at a German Marce Symposium organized by Dr. Mikoteit in Dresden

See: <http://www.dgpfk-kongress.de>

And in May (12th to 13th) we will all gather in Nürnberg for our annual meeting organized by Dr. Simen. E-mail to PsychTKLklinikum-nuernberg.de

I was happy to be involved in the group organizing the maternal mental health awareness day and succeeded to have some media coverage on this event. This was a phantastic opportunity to cooperate on an international scale!

Claudia Klier from Vienna 17th November 2016



Organizing committee and speakers

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## Japanese Regional Group

The establishment of the Japanese Regional Group of the Marcé Society

I am pleased to inform the members of the Marcé Society that a Regional Group has been established in Japan and now boasts 35 members, most of whom have joined within the past two years. The group includes 13 psychiatrists, nine obstetricians, five clinical psychologists, five midwives and three paediatricians, one of whom works for a community health centre. Although the numbers are small there is a good balance of professions, which will serve to promote the development of multidisciplinary models of care in perinatal mental health.

The Japanese Regional Group was set up in the summer of 2016 following the September 2014 biennial International Marcé Society Congress in Swansea. The initiative was suggested by Dr. Jane Hanley who provided the "Guide to Setting up a New Branch of the Marcé Society". Helpful input was contributed by a number of leading Marcé International members including Dr. Nine Glangeaud. Many of the supporters were friends of mine from the 1990s when I worked with the late Professor Kumar in Perinatal Psychiatry at King's College / Maudsley Hospital. My colleague Dr. Hiroshi Yamashita, Professor Tadaharu Okano from Mie University and myself enjoyed a creative exchange of ideas with Marcé Society members between



1997 and 2002 while contributing to a cross-cultural study on postnatal depression set up by Prof Kumar and Prof Jon Cox. Yoshida and Yamashita are both perinatal psychiatrists as well as child psychiatrists and work in the same academic department at Kyushu University.

There were only seven Marcé Society members in Japan when I returned from Swansea in 2014 and began the process of setting up the Regional Group. However, a number of colleagues had published or presented their work in English in the field of perinatal psychiatry and had accessed an international audience.

Another asset was a 15-year grant provided by the Ministry of Health and Welfare in Tokyo in 1992 for research into the assessment and treatment of perinatal women and their families. The grant holder was Professor Nakano, an obstetrician in our University, who fully appreciated the importance of mental health in perinatal care. A number of professionals including psychiatrists, obstetricians, midwives, health visitors, nurses and community health centre staff worked together on the project.

This work led to the development of a policy prescribing that perinatal mental health assessment and care will be provided by obstetric staff from the start of pregnancy, continuing without interruption to one month after birth. After that care is provided under an existing policy offering growth and developmental check-ups to infants and young children up to three years old. The project members met again under this new government policy.

Having established the Japanese Marcé Society with 35 founding members, we reported this achievement to the president of the Marcé Society. Now we can report that the Japanese Regional Group is fully fledged with Keiko Yoshida as President, Dr Hiroshi Yamashita as Secretary General and Dr Yoko Sagara (Obstetrician) as Treasurer.

The Marcé Society Conference in Melbourne in September 2016 will be a big event for the Japanese Regional Group, half of whom plan to attend the conference. We look forward to meeting many friends there.

Meetings will take place annually and will provide a forum for the presentation of research and discussion of service developments. Between meetings members will communicate by email, telephone and video conferencing.

I hope that this account of the development of the Japanese Regional Group serves to give you a clear picture of our work here in Japan.

Keiko Yoshida, MD, Dr of Medical Science,  
Professor of Department of Child Psychiatry, Kyushu University Hospital, Fukuoka, Japan,  
e-mail: [keikoy@npsych.med.kyushu-u.ac.jp](mailto:keikoy@npsych.med.kyushu-u.ac.jp)





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## Spanish Regional Group

The fifth Perinatal Mental Health Annual Conference  
Alfonso Gil, Spanish Regional Group Representative

On 10th June 2016 the fifth Annual Conference on Perinatal Mental Health was held in the auditorium at the University Hospital Dexeus in Barcelona. It was an complete success with the auditorium filled to capacity.

Firstly, we would like to highlight the opening presentation which was given by Dr. Alinne Barrera, psychologist and associate professor at the University Palo Alto, California (USA). She shared her knowledge of perinatal depression prevention through information and communication technology, also know as TIC from its Spanish abbreviation. The focal point of her presentation was a study about prevention which used TIC with Spanish and English speaking participants. Following this talk, there was an excellent talk/debate given by Dr. LLuïsa Garcia-Esteve and Dr. Susana Andrés Perpiña entitled "The coexistence of fear and hope: bonding difficulties." Also joining them on the stage was Kerry, a survivor of postnatal depression, who gave a moving testimony of her experience.

The conference was divided into two sessions, the first being dedicated to pregnancy and neurodevelopment risk factors; more specifically the effects of iron levels on the neurodevelopment of the fetus and baby, the prenatal effects of consuming fish and acetaminophen on neurodevelopment and the prenatal factors associated with postnatal bonding difficulties. The second session was reserved for domestic violence and perinatal stress. A review was given of the association between domestic violence and perinatal depression and a study of the impact of domestic violence on children and descendants was presented. Finally, Dr. Gracia Lasheras presented a study which was carried out by the Quirón Dexeus Hospital regarding the factors associated with the adjustment of mothers whose babies are admitted to neonatal intensive care units. She demonstrated the importance of strategies when dealing with these situations.

Once the second session had finished, Dr. Alfonso Gil-Sánchez presented the audience with a proposal to create the Latin American Alliance for Maternal Mental Health, also known as AISMMA from its Spanish abbreviation. This alliance hopes to be a coalition of organizations in Latin America who are committed to improving the mental health and wellbeing of women and their children during pregnancy and the first year after birth.

Prizes for the best oral communication were awarded as follows; first prize went to Maria Emilia Dip and the team at the Universitari Vall d'Hebrón hospital for their presentation entitled "Proyecto Germanas Hospital Universitari Vall d'Hebrón" ("Sisters Project Univeritari Vall d'Hebrón Hospital). Joint second prize was awarded to Dr. Isabel Irigoyen and the team at the Hospital Clinico in Zaragoza for their work entitled "Integración de un Programa de Psiquiatría Perinatal en un Hospital de Día psiquiátrico" ("Integration of a perinatal psychiatric programme in psychiatric day care") and Dr. Estel Gelabert from the Barcelona Universitat Autònoma and the team from the Perinatal Psychiatric programme at the Hospital Clínic in Barcelona for their talk entitled "Dimensiones de Temperamento y Carácter en mujeres con depresión postparto y su relación con variables clínicas." ("Measurements of temperament and character in women with postnatal depression and the connection to clinical variables.")

Following the closing of the conference, the General Assembly of the Spanish society Marcé (MARES) was held during which Dr. Gracia Lasheras was appointed as President for a four year term. Dr. LLuïsa Garcia-Esteve stepped down from her role as President of MARES over the last four years, in which she undertook the enormous task of founding and creating the Society. What's more, Dr. Jorge Osma was named as the Vice President.

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## UKIMS Regional Group

The Welsh Government has committed 2016 and beyond to developing the perinatal mental health services within Wales. For a country which has an area of just over 20 thousand square kilometres and a population of 3 million, it has shown great spirit and determination to improve the mental health of mothers and their families across the country.

The value of primary and secondary care health professionals, together with non-government and charitable organisations has



*Jane Hanley presents a poster prize to a new Marcé member!*

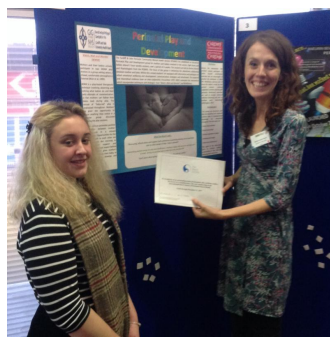
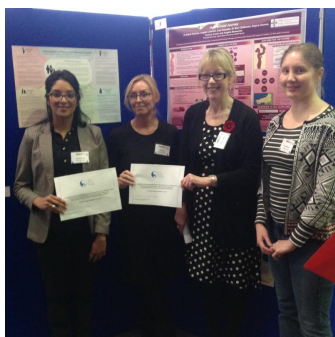
been recognised and there has been significant work discussing and conceptualising the formation of perinatal mental health services to consider; clinical identification and referral decision making, networking and care pathways, resulting in person-centered care. These proposed referral options and identified referral pathways, combined with training options, have the ability to empower GPs, midwives, health visitors and primary care workers to consider the perinatal mental health service in a more multifactorial way.

Earlier last month the Welsh Government hosted, in Cardiff, the capital city, a conference entitled 'Community of Practice - Improving Perinatal Mental Health Services'. The large venue was full to capacity and several Marcé members were present, including Ian Jones, Sue Smith, Alain Gregoire, Lisa Kinsella & Susan Pawlby. I had the honor of holding a workshop on the

Marcé society, and together with Ian, judged the best poster presentation. The prize was one year's subscription to the Marcé Society.

I hope you will agree that Wales is rapidly becoming a shining light in perinatal mental health and should be congratulated on its dedicated coalition!

Jane Hanley



**More poster prize winners at the Cardiff PMH Conference!**

## Introducing the Perinatal Mental Health Society (PNMHS)

### History of the Perinatal Mental Health Society

(written in October, 2016, by Kathie Wisner)

At the Perinatal Mental Health Conference in Chicago, IL, a group of perinatal specialists (listed below) met to from 6 to 8 PM, Tuesday, Nov 3, 2015, at the Allerton Hotel, Ogden Board Room for a detailed consideration of - Should a Marcé regional group be initiated?

The invited work group included:

- K. Wisner, MD MS (Psychiatry), Chair
- C. Beck, DNS (Nursing)
- C. Clark, MD MSc (Psychiatry)
- C. Hoffman, MD, MPH (MFM)
- M. Howard, PhD (Psychology)
- S. Meltzer-Brody, MD, MPH
- E. Miller, MD MPH (MFM)
- M. O'Hara, PhD, Psychology
- B. Parry (Psychiatry)
- D. Tucker (administration for conference and NASPOG).

The group was unanimous in the proposal to begin a perinatal mental health society for North America. The discussion included:

- Advancing an agenda specific to North American members and our health care systems, advocacy in our countries, and leadership opportunities for younger faculty.
- A strong financial health plan from the initiation, with capable and affordable organizational management.
- A commitment to actively engage in and develop the new organization.
- Cindy Lee Dennis was nominated by the group to be the Canadian representative.
- Sandraluz Lara-Cinisomo agreed to represent Mexico and other North American Spanish speaking countries.
- When the criteria to become a regional group of the Marcé Society are met (anticipated for January, 2108, after the next PNMHS meeting in Chicago), the name will become Marcé of North America (MONA), as suggested by Mike O'Hara.

Debby Tucker (Debra Tucker Associates, LLC) agreed to be our organizational manager, and we worked with her to develop our Constitution and Articles of Incorporation. The startup funding was generously provided by the organizational committee members. We have our regulatory requirements at this point and are prepared to move forward with membership to the Perinatal Mental Health Society, Inc., in 2017.

We look forward to collaborating with our partners, Postpartum Support International, Postpartum Progress and the North American Society for Psychosocial Obstetrics and Gynecology to advocate on behalf of childbearing women.

**Our vision is a world in which childbearing women, their children and families enjoy the benefits of mental health and well-being.**

**Mission Statement.** The Perinatal Mental Health Society is committed to the advancement of Clinical Care, Advocacy, Research, and Education (CARE). We accomplish our mission by:

- Promoting interdisciplinary preventive and treatment services to childbearing women, their families, the public, and general medical community.
- Encouraging the development of novel assessment, diagnostic, treatment and integrative care strategies.
- Translating our science into practice and policy from the local to the global audience through publications, training, service development and leadership in perinatal mental health.
- Supporting the development of a highly skilled, diverse, multi-disciplinary professional staff at the cutting edge of perinatal mental health through continued education, research and encouragement of creativity.
- Conducting our organizational functions in an ethical, professional and fiscally responsible manner.

We are thrilled to begin our work toward an organizational structure to advance clinical care and research in perinatal mental health in North America! Please visit us at <http://www.perinatalmentalhealth.com/>

## Marce Members In the News ... and Making News

**Dr. Kathie Wisner**

[What is Postpartum Psychosis?](#), Chicago Tonight  
[Antipsychotic Use Early in Pregnancy Does Not Appear to Increase Risk of Birth Defects](#),  
Psychiatric News Alert

**Dr. Camille Hoffman**

[Can Mental Illness Be Prevented In The Womb?](#)  
NPR Shots, Health News from National Public Radio (U.S.A.)

**Dr. Geetha Desai and Professor Prabha Chandra**

[After Giving Birth, About 2 In 10 Women At Risk Of Depression In India](#)  
NDTV, India



## The Members Only List Serv: Making Connections!

[Check out the archives](#) to make sure you are up to date on some key topics:

- Clozapine in pregnancy
- Weighted blankets for PMADs
- Prolactinone
- Induction and sleep issues
- SAM-e use and breastfeeding

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## Other News

### Fellowship Position in Perinatal and Women's Mental Health

Asher Center for the Study and Treatment of Depressive Disorders  
Department of Psychiatry and Behavioral Sciences Northwestern University/Feinberg School of Medicine  
Chicago, Illinois

The Department of Psychiatry and Behavioral Sciences is seeking two full-time psychiatrists for a one year fellowship in Perinatal and Women's Mental Health to join the faculty of a strong, multidisciplinary program in a medical center academic department. The candidate will join a rich, collaborative environment with other clinicians and scientists in the Feinberg School of Medicine and throughout the University. This individual should have a strong clinical background with experience in the diagnosis and treatment of acute and chronic mental disorders. This position presents opportunities to complement existing clinical and research initiatives in women's and perinatal mental health. The selected candidates will have board eligibility in general psychiatry. Clinical duties will include: patient care and teaching as well as participation in departmental activities and committees. The primary clinical site for outpatient care of women is our perinatal and women's specialty program in the Asher Center for the Study and Treatment of Depressive Disorders, Katherine L. Wisner, MD MS, Director. Direct case supervision, educational time and presentation skill development is included. Completion of a scholarly project is expected. Fellows will have access to educational/academic funds, data management and statistical experts to support their various academic efforts. This position will be a full-time one year appointment with the rank of Instructor in the non-tenure track. Position is open until filled. Salary is highly competitive.

Please send applications (a CV, one-page letter stating goals for the fellowship experience, and two persons who can be contacted as references) to: Barbara Sutcliffe, Asher Center, Department of Psychiatry and Behavioral Sciences, Northwestern University Feinberg School of Medicine, 676 North Saint Clair Street, Suite 1000, Chicago, Illinois 60611 or via email in a Word or PDF format to Ms. Sutcliffe at [b-sutcliffe@northwestern.edu](mailto:b-sutcliffe@northwestern.edu).

Northwestern University is an Affirmative Action/Equal Opportunity Employer. Hiring is contingent upon eligibility to work in the United States. Women and minorities are encouraged to apply.

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### Postdoctoral Fellowship in Reproductive Mood Disorders

The Center for Women's Mood Disorders within the Department of Psychiatry at the University of North Carolina at Chapel Hill hosts the only postdoctoral training fellowship program in the field of Reproductive Mood Disorders funded by NIH. The program, directed by David R. Rubinow, M.D. and Susan S. Girdler, Ph.D., is designed to train both MD and PhD scientists, and foster the development of researchers with expertise in both the biological basis and clinically relevant (predictive) phenotypes of reproductive mood disorders (perinatal depression, premenstrual dysphoric disorder, and perimenopausal depression). Training will involve a broad-based and integrative perspective, involving not only psychiatry but cardiology and genetics, endocrinology, neuroscience, and obstetrics/gynecology.

The program's emphasis is on training in pathophysiological mechanisms that underlie reproductive mood disorders. The trainees will develop mastery in the following: reproductive hormonal physiology and signaling; methods for manipulating the reproductive system; and clinical phenomenology of reproductive mood disorders. Additionally, trainees will develop expertise in one of three methodological training tracks: Neurosciences, Genetics, or Stress Physiology. Fellows who complete this program will be poised to

become independent researchers, having the requisite foundation to examine biobehavioral mechanisms in reproductive mood disorders and the ability to identify therapeutic biologic targets in their future independent research.

The University of North Carolina at Chapel Hill represents an ideal setting for this program because it possesses a well-known collaborative infrastructure, a vibrant women's mood disorder clinical program (which includes the first inpatient perinatal depression program in the country), and a critical mass of researchers in reproductive mood disorders with a track record of success.

This is a two year training program, with possible extension of a third year. Salary is consistent with the NIH post-doctoral stipend levels. Criteria for selection include demonstrated experience in reproductive mood disorders (or a highly related area), a strong potential to become an independent investigator, strength in verbal and written communication, curiosity, and genuine commitment to advancing the scientific rigor of the reproductive mood disorders field. Applications with interdisciplinary interests are strongly encouraged. U.S. citizenship or permanent residency is required.

Applications are being accepted for a flexible start date between July 1, 2017 - June 30, 2018. Send your curriculum vitae and letter of interest to Susan Girdler, Ph.D. (co-Program Director) at [susan\\_girdler@med.unc.edu](mailto:susan_girdler@med.unc.edu) or Department of Psychiatry CB 7175 University of North Carolina at Chapel Hill, NC 27599.

### **The Marcé Society Symposium: 2016 WAIMH Conference**

The Marcé Society symposium at the 2016 WAIMH Conference in Prague entitled "Perinatal mental health, fetal and child development, what can be done" has been highlighted by Springer USA. This talk was chaired by Past President Nine Glangeaud with expert speakers :Vivette Glover /Treasurer of the Society, Anne Laure-Sutter/Secretary, Paul Campbell and the team of Lynne Murray. Look for more details in future newsletters.

Nine Glangeaud, Past President

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### **Thank You to our 2016 Diamond Members!**

Tahany Banoub  
Jennifer Barkin  
Diana Barnes  
Lucy Bayer-Zwirello  
Kimothei Cain  
Roseanne Clark  
John Cox  
Kate DeStefano-Torres  
Christine Deeble  
Raja Gangopadhyay  
M. Camille Hoffman  
Jane Honikman  
Catherine Lager  
Aarti Mehta  
Samantha Meltzer-Brody  
Monya Murch-Gangemi  
Masako Nagata  
Lucy Puryear  
KoLynn Sinclair  
Milica Stefanovic  
Hiroko Suzumiya  
Bjarta Vilhelm  
Sarah Wakefield  
Eri Watanabe  
Hiroshi Yamashita

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# Upcoming Conferences

## 7th World Congress on Women's Mental Health 6-9 March 2017 Dublin, Ireland

The mission of the International Association for Women's Mental Health is:

- To improve the mental health of women throughout the world.
- To expand the fund of knowledge about Women's Mental Health.
- To promote gender-sensitive and autonomy-enhancing mental health services for women.
- To advance collaboration between Societies and Sections.

Click [here](#) for workshop titles, registration information, and more

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Send updates on careers, publications, etc. to the [Executive Office](#) for future newsletters.

**Marce Society**

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