



## Planning Underway for Our Next Biennial Conference!

On behalf of the Executive Committee, I warmly invite you to join us at the 2016 Biennial Conference, Melbourne, Australia.

The theme is 'Frontiers in Perinatal Mental Health - looking to the future'. It will showcase cutting edge research; new treatments for mothers, fathers and babies; training opportunities and more!

The conference is not only a chance to keep up to date with the latest in perinatal mental health but to collaborate and renew friendships and will provide an exciting opportunity for researchers, clinicians and policy makers to come together and network in the vibrant city of Melbourne, Australia

"Join us down under to discover why there's nothing like Australia!"

Professor Jeannette Milgrom  
President and Conference Chair



## 2016 International Marcé Society Conference

*Frontiers in Perinatal Mental Health - looking to the future*

International Marcé  
Society for Perinatal  
Mental Health  
Biennial Scientific  
Conference

Melbourne, Australia



Conference  
26-28 September 2016

Preconference  
Workshops  
25 September 2016

Images Courtesy of Tourism Australia



### **New Video: The Prevention of Perinatal Depression**

Hosted by Michael W. O'Hara, University of Iowa  
Contributors:

Huynh-Nhu (Mimi) Le, George Washington University  
Cindy-Lee Dennis, University of Toronto  
Traolach [Terry] Brugha, University of Leicester

This activity is supported by an educational grant from Lilly. For further information concerning Lilly grant funding, visit [www.lillygrantoffice.com](http://www.lillygrantoffice.com). Watch the [Marce](#)

[website](#) for future installations in this video series!

### **Next in our video series....**

A new video from [Dr. Louise Howard](#) will be available on the Marce website early July 2015.

### **Continued Thanks on the Success of the Swansea Conference**

It is, unbelievably, 7 months on from the International Marce Society Swansea Conference. The feedback was both excellent and heart warming. There were over 500 delegates from 35 countries who all appeared to enjoy the Welsh weather...though I doubt it will compete with Jeanette's land of sunshine! The scientific program was outstanding with so many excellent contributors who added to the powerful messages around perinatal mental health. It is wonderful to know the Marce continues to go from strength to strength, advancing research and practice.

Following discussions with Springer, the conference abstracts are now available as a supplement of the Archives of Women's Mental Health and are [available on line](#).

On the down side, the films in the 50 cameras left on the dinner tables (which were supposed to be taken away with you!) have still not been developed, which means the photos will be available in 2016...hopefully!

I don't know if I managed to thank everyone, but I would like to express my heartfelt thanks and love to all of you who made the conference such a success! You really are part of a wonderful team. I hope we will all meet up again in Melbourne, which promises to be an inspiring conference.

Jane Hanley

Past President, Marce and Swansea Conference Director



## **REGIONAL GROUP UPDATES**

### **Note from the President**

The Regional Groups are a primary focus for Marcé International and we are exploring how to facilitate communication in languages other than English. For example, for calls with Regional representatives we are investigating whether there are any options with Skype, Google, and other software to make Regional calls more meaningful. We are also keen to have ideas from Regional groups how to make the conference more relevant for regional groups, such as having regional symposia and we may translate the conference website for 2016 into some other languages. Please [contact me](#) if you have suggestions for how we can continue to improve our communication and strengthen our international relationships.

Professor Jeannette Milgrom

### **Update from Australasia**

Our main news is of the [forthcoming regional Australasian Conference](#), to be held this year in beautiful Adelaide, South Australia, from October 22-24, 2015 at the Adelaide Convention Centre. Please visit [www.marce2015.com.au](http://www.marce2015.com.au) full of the exciting treats in store, including Professor Megan Gunnar from USA and Professor Ian Jones from UK, and many wonderful Australian speakers including Professor Jayashri Kulkarni, Professor Jenny Gamble, Stephen Malloch and Associate Professor Felice Jacka. A rich social program is planned: breakfasts in conjunction with Australian Association of Infant Mental

Health and consumer groups; a book event; and after dinner speakers. Abstracts are now open and can be submitted via the website.

Our local mother-baby unit, Helen Mayo House, has held a conference for South Australian professionals for decades, and this year will hold its conference in conjunction with Marce which I believe should add to the richness of content. Workshops on the Marce pre-conference day will be from Nancy Bardacke in the USA on mindful birthing, and also Frances Thomson-Salo on countertransference when working with perinatal populations.

We would love to see people from our region including Australia, New Zealand, Japan, Singapore, Philippines, India, Indonesia, Papua New Guinea and Vietnam. Of course people from all over the world are more than welcome, although with the World Marce in Melbourne in 2016 (September 25-28 for your long term planning!) I guess a lot of you will wait until then to visit our exciting country.

In Australia, we have had a richness of clinical work, teaching and research with perinatal and infant mental health populations, and with successful lobbying by previous Marce stalwarts such as Professor Anne Buist, there has been Australia wide funding through the National Perinatal Depression Initiative (NPDI) for screening perinatal women for the last 6 years. Sadly, however, that funding will finish in June of this year. Marce will need to maintain a voice to ensure that great message from the UK is heard: "No health without mental health". Screening is now routine in most parts of Australia and pathways to care well-established, therefore perinatal mental health is much more widely accepted as a routine part of care – at the moment! With special ambassadors through the NPDI training many midwives, child health nurses and others a huge boost has taken place which we will need to continue to build on post-NPDI. It will be a challenge.

Other great work in the recent past includes the publication of [Psychopharmacology and Pregnancy: Treatment Efficacy, Risks and Guidelines](#) edited by Megan Galbally, Martien Snellen and Andrew Lewis (Springer, 2014), which provides a first-class overview of the many challenges facing those of us who prescribe for antenatal populations. There are also many peer-reviewed papers by a large range of other researchers in international journals.

We hope to see you in Australia this year or next – it's just a hop and a jump away in those big new planes!

Anne Sved Williams

President, Australasian Marce Society for Perinatal Mental Health

### **Update from Spain**

The [IV Scientific Perinatal Mental Health Meeting](#) hosted by the Spanish Marcé Society (MARES) and International Marcé Society will take place next May 15th at the Auditorium of University Hospital Quirón Dexeus in Barcelona. This meeting fourth edition will count with both international and national speakers that will share their rich research and experiences. This year topics will range from epigenetics and prenatal stressors, maternal suicide and infanticide, to the current state of perinatal mental health resources, with the aim of establishing proposals towards improving maternal and infant perinatal mental health.

We encourage multidisciplinary encounter and sharing of the newest research in the oral communications sessions. The previous day a workshop will cover the topic of "PTSD following childbirth: tools for detection, treatment and prevention", facilitated by Dr. Ibone Olza-Fernández, a recognized expert in the field.

Both events are directed to professionals working with pregnancy and postpartum areas: psychiatrists, psychologist, pediatricians, obstetricians, midwives, pediatric and mental health nurses, physiotherapists, and occupational therapists.

The enthusiasm, determination and knowledge of all professionals involved in this field do server that the meeting will be a success big as previous editions were. We will be looking forward meeting you all there.

Ibone Olza, Spanish Regional Group

### **Update from the French-Speaking Group (SMF)**

The French translation of the Marcé Statement on postnatal depression is presently widely disseminated to all our institutions, financial providers and health organizers, with the help of our executive members. We are trying to have personal contact with deciders in all the regions of France, to explain them the urgent need to develop a national perinatal mental health policy with continuity of care from pregnancy to postpartum within a structured frame for mental health referral processes from primary care services to joint mother and baby psychiatric care within a perinatal network.



The annual conference of French speaking regional group of the Marcé society (SMF) will take place in Marseille on 19 and 20 November 2015, on "-9 + 9."

The SMF contributes to various national and international conferences:

French Congress of Psychiatry (CFP-Nantes), with a SMF symposium on complex cases in perinatal psychiatry for example such as Münchhausen syndrome.

French National Congress of Psychiatry and Neurology (CNPRLF-Tours) with a SMF symposium on bipolar disorders during the perinatal period.

European Psychiatric Association conference (EAP, Vienna), with contribution of French Marcé Society members on research results on impact of maternal depression on child development.

Anne-Laure Sutter, SMF

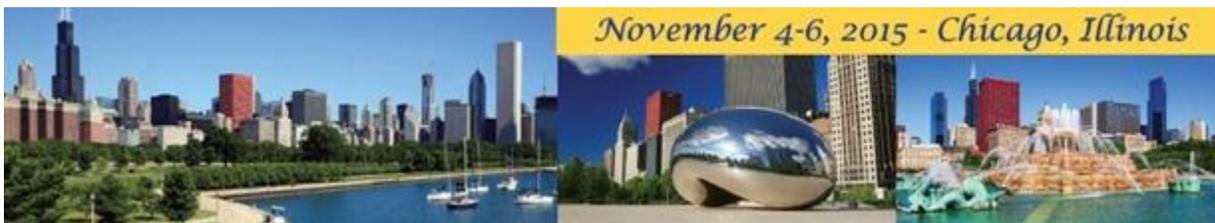
## **REGIONAL CONFERENCES**

### First Annual Nordic Marce Conference

7-8 September 2015 Oslo, Norway

Deadline for abstracts is May 15

For questions or more information, please contact [nordic.marce@gmail.com](mailto:nordic.marce@gmail.com)



### Second Biennial Perinatal Mental Health Meeting **Chicago, Illinois, United States**

Translational Research in Perinatal Mental Health:  
Laboratory to Bedside to Community Practice

Sponsored by:  
Asher Center for the Study and Treatment of Mood Disorders  
Department of Psychiatry and Behavioral Sciences  
Northwestern University, Feinberg School of Medicine  
Northwestern Medical Group  
The Marcé International Society for Perinatal Mental Health

## MARCE MEMBERSHIP UPDATES

### Marce on Social Media

Did you know that the Marce Society is very active on Social Media? As an international society, we utilize social media channels as an opportunity to share information with our members quickly and cost efficiently. We not only communicate via Facebook and Twitter, but have a dedicated [Marce You Tube channel!](#)

Please visit us and feel free to continue the conversation by sharing your related information. For questions or to help bring our message to our members and partners, contact [marcesocialmedia@gmail.com](mailto:marcesocialmedia@gmail.com) . Thank you!



### 2015 Diamond Level Members

Thank you to our Diamond Level members for their support of Marce!

Safiyah Abdul-Rahman  
Najlaa Alhaj  
Tahany Banoub  
Diana Barnes  
Roseanne Clark  
John Cox  
Jane Honikman  
Catherine Lager  
Aarti Mehta  
Samantha Meltzer-Brody  
Lucia Porta Cubas  
Lucy Puryear  
Verinder Sharma  
Milica Stefanovic  
Sarah Wakefield  
Katherine Wisner  
Hiroshi Yamashita

### Marce Members Only List Serv

The List Serv is a Members Only privilege and opportunity. Visit the [List Serv archives](#) for insightful discussions on recent featured topics:

- PHQ vs. EPDS
- Integrative Therapies during Pregnancy and Lactation
- Steroids and Development
- Parental Classes

**Perinatal Mental Health Topics in AWMH Volume 18, Issue 2, April 2015**  
**Marce Members in Bold**

Sertraline and breastfeeding: review and meta-analysis

Emily Pinheiro, Debra L. Bogen, Denada Hoxha, Jody D. Ciolino, **Katherine L. Wisner**

Associations between postnatal maternal depression and psychological outcomes in adolescent offspring: a systematic review

**Camilla Sanger**, Jane E. Iles, Catharina S. Andrew, **Paul G. Ramchandani**

Raising multiples: mental health of mothers and fathers in early parenthood

Susan J. Wenze, **Cynthia L. Battle**, Katherine M. Tezanos

Perinatal distress and depression in Malawi: an exploratory qualitative study of stressors, supports and symptoms

**Robert C. Stewart**, Eric Umar, Selena Gleadow-Ware, Francis Creed, Katie Bristow

Client experiences of guided internet cognitive behavior therapy for postpartum depression: a qualitative study

Nicole E. Pugh, Heather D. Hadjistavropoulos, Amy J. D. Hampton, **Angela Bowen**, Jaime Williams

The postpartum worry scale—Revised: Continuing validation with a sample of NICU mothers

Tracy E. Moran, Joshua R. Polanin, **Lisa Segre**, **Amy Wenzel**

Salivary cortisol response to infant distress in pregnant women with depressive symptoms

Susannah E. Murphy, Elizabeth C. Braithwaite, Isabelle Hubbard, Kate V. Williams, Elizabeth Tindall, Emily A. Holmes, **Paul G. Ramchandani**

### Membership Reminder

In order to access the Marce Members Only portion of the website and participate in the List Serv, 2015 Membership dues must be paid. If you have colleagues who would like to be a part of Marce, please encourage them to join online [here](#). Diamond and Gold level members also receive a complementary subscription to the Archives of Women's Mental Health (AWMN).

5034A Thoroughbred Lane  
Brentwood, Tennessee 37027 USA  
[info@marcesociety.com](mailto:info@marcesociety.com)

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