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Marcé Society Newsletter

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Join Us

International
Marcé Society
Conference 2010

October 27-30, 2010

Sheraton Station Square
300 W. Station Square

Pittsburgh, Pennsylvania
United States of America

International Marcé Society Conference 2010 – In Collaboration with Postpartum Support International!

Please note that we are no longer accepting abstracts for the 2010 International Marcé conference. Many thanks for the wonderful contributions - we have reviewed over 200 abstracts!

View the preliminary schedule online here:

<http://www.wpic.pitt.edu/research/marce2010/Schedule.htm>

The final schedule will be available after June 1, 2010

The Marcé Society envisions a world in which perinatal mental illnesses are prevented and cured. To dovetail with the strategic plan of NIMH, the Marcé Society conference will be organized according to the plan's aims. The four themes of the strategic plan have been adapted to structure the program content (www.nimh.nih.gov/about/strategic-planning-reports/index.shtml):

- 1) Promote discovery in the brain and behavioral sciences to fuel research on the causes of perinatal mental disorders;
- 2) Chart perinatal mental illness trajectories to determine when, where, and how to intervene;
- 3) Develop new and better interventions that incorporate the diverse needs and circumstances of women with perinatal mental illnesses and their families;
- 4) Strengthen the public health impact of NIMH-supported research for women with perinatal disorders and their families. Elaboration of these themes is presented below.





Postpartum Support International

PSI Annual Conference 2010
PSI Pre-Conference Training October 26
PSI/Marcé Conference: October 27-30, 2010
Tuesday, Oct. 26: PSI Coordinators Meeting & Dinner

Postpartum Support International (PSI) is the world's largest non-profit organization dedicated to helping women suffering from perinatal mood and anxiety disorders. PSI was founded by Jane Honikman in 1987 to increase awareness among public and professional communities about the emotional difficulties that women can experience during and after pregnancy. The organization offers support, reliable information, best practice training, and volunteer coordinators in all 50 U.S. states, Canada, and Mexico, and more than 30 other countries. Working together with its volunteers, caring professionals, researchers, legislators and others, PSI is committed to eliminating stigma and ensuring that compassionate and quality care is available to all families. To learn more, call PSI at 800-944-4PPD or visit www.postpartum.net.

The mission of PSI is to promote awareness, prevention and treatment of mental health issues related to childbearing in every country worldwide. It is the vision of PSI that every woman and family worldwide will have access to information, social support, and informed professional care to deal with mental health issues related to childbearing. PSI promotes this vision through advocacy and collaboration, and by educating and training the professional community and the public. PSI offers free weekly "Chat with an Expert" Phone Forums, telephone and email support in English and Spanish, links to local resources, and specialized support to Military Families and Dads.

PSI Perinatal Mood and Anxiety Disorders standardized training: PSI has developed a nationally recognized unique evidence-based training program for health providers and social support networks. PSI trainings are based on the most current research and are offered around the country and at each annual conference by an expert corps of experienced trainers.



*Pre-Conference Workshop Agenda
Perinatal Mood Disorders:
Overview of Components of Care*



Faculty

Birdie Gunyon Meyer, RN, MA,
Pec Indman, EdD, MFT

- 8:00 am Registration & Breakfast (provided)
- 8:30 am Welcome and Introductions
- 8:45 am Overview: Entering Motherhood & Why they suffer in Silence
- The Perinatal Period
 - Perfectionism, Dreams, & Expectations
 - Myths of Motherhood
 - Stigma of Mental illness
 - Barriers to Treatment
- 9:30 am The Many Faces of Perinatal Mood Disorders
- Etiology
 - Signs and Symptoms
 - Risk Factors
- 10:30 am Break
- 10:45 am DVD—"PSI's Healthy Mom, Happy Family: Understanding Pregnancy and Postpartum Mood and Anxiety Disorders"
- 11:00 am Screening and Prevention
- 12:00 pm Lunch (provided) –Resource Review and Networking
- 1:00 pm Social Support Networks
- Faith Communities and Spirituality



- 9 Steps to Wellness: A self-help model
- Alternative/Complimentary Therapies
- Support Groups: What they look like, how to start one, successful Implementation

2:00 pm Other Important Considerations

- Breastfeeding and PMD
- Infertility, Adoption, Pregnancy Loss, Infants in NICU, Teens

2:30 pm Break

2:45 pm What About the rest of the Family?

- Effects of Untreated PMD on Mother, Infant, and Family
- Fathers and Partners—DVD: PSI’s “Fathers Respond”

4:30 pm Closing and Evaluations

Who PSI encourages to attend:

Doctors, Nurses, and other Medical Providers, Social Workers, Mental Health Professionals, Community Service Providers, Public Health Professionals, Policy Advocates, Government Representatives, and Community Members concerned about increasing education and integrated access to informed resources and support for perinatal mood and anxiety disorders.



International Marcé Society Conference 2010: Schedule of Events

Wednesday, 27 October 2010:

Interpersonal Psychotherapy for Perinatal Depression
Sustaining Postpartum Support Networks
Evidence-Based Pharmacotherapy during Pregnancy
Interpersonal and Social Rhythms Therapy during Childbearing
Perinatal Mental Health–Concept Development to Funded Research
(Modeling of an NIH Study Section Review)
Starting Your Program in Perinatal Mental Health

Opening Keynote Lecture 1

Mrs. Rosalynn Carter

Thursday, 28 October 2010:

Contributions of Perinatal Mental Health Research to the Field of Psychology
Contributions of Perinatal Mental Health Research to the Field of Psychiatry
Perinatal Mental Health Research and Infant Behavior Disorders:
Strategizing to Optimize Early Development
Biopsychosocial Contributions of Fathers to Pregnancy Outcome

Friday, 29 October 2010:

The Lived Experience of Postpartum Disorder
FDA's Pregnancy Labeling: Improving Prescribing Information
Antidepressants/Antimanic Agents during Pregnancy:
Lessons from the Last Two Decades
Prenatal Antidepressants and/or Depression on Offspring Development
Vertical Transmission of Risk from Caregiver to Infant

Saturday, 30 October 2010:

Marcé Medalist Presentation, Ian Jones (Cardiff, UK)
The Channi Kumar Lecture, Margaret Spinelli (New York, USA)
Congratulations to Ian and Meg!!!



International Marcé Society Conference 2010: Themes

Confirmed Speakers: John Cox, Ian Jones, Margaret Spinelli, Barry Lester, Marlene Freeman, Cynthia Bulik, Ellen Frank, Lee Cohen, Tim Oberlander, Barbara Parry, Zachary Stowe, Dawn Misra

NIMH Theme 1: Promote discovery in the brain and behavioral sciences to fuel research on the causes of perinatal mental disorders

Stress During Pregnancy

Chronobiological Manipulations as Clues to Perinatal Brain Function

Brain Imaging

Messages from the Womb: Fetal Neurobehavior

Nutrition and the Brain

Genetics: Contributions of Perinatal Mental Health

Immune Function

Animal Models for Perinatal Mental Health

NIMH Theme 2: Chart perinatal mental illness trajectories to determine when, where and how to intervene

Perinatal Substance Use and Comorbidities

Female Development

Screening for Perinatal Disorders

Childbirth and Women with Bipolar Disorder

NIMH Theme 2: Chart perinatal mental illness trajectories to determine when, where and how to intervene

Eating Disorders: Impact on Pregnancy and Infant Feeding Practices

Antidepressant Treatment Across Pregnancy

Integrative Medicine

Personalization of Treatment during Pregnancy



NIMH Theme 3: Develop new and better interventions that incorporate the diverse needs and circumstances of women with perinatal mental illness and their families

Novel Treatments for Perinatal Women
Improving Treatment Delivery Models
Prevention of Perinatal Depression
Cultural and Ethnic Impacts on Treatment

NIMH Theme 4: Strengthen the public health impact of NIMH supported research for women with perinatal disorders and their families

Mental Health Services/Policy
New Investigator Symposium 1
Legal Issues
Novel Services Models
Getting the Science to the Community
Advocacy Models to support Research Implementation
Investigator Symposium 2
Inclusion of Infants and Families into Perinatal Mental Health Care



*International Marcé Society
Conference 2010 Speaker:
Margaret Spinelli, MD*

Dr. Margaret Spinelli, a graduate of Cornell University Medical College, has practiced clinical psychiatry for over eighteen years and taught as an associate professor of clinical psychiatry for fifteen years. She authored the book *Infanticide: Psychosocial and Legal Perspectives on Mothers who Kill*, as well as numerous articles on postpartum depression, psychiatric disorders during the pregnancy and postpartum period, and post partum psychosis. Most recently she has authored the article “Denial of Pregnancy: a psychodynamic paradigm” which is currently in press with the *Journal of the Academy of Psychoanalysis and Psychodynamic Psychiatry*. Dr. Margaret Spinelli is this year’s Channi Kumar Memorial Lecturer.

*International Marcé Society
Conference 2010 Speaker:
Ian Jones, MD*

Dr. Ian Jones is the senior lecturer in perinatal psychiatry and honorary consultant perinatal psychiatrist at the MRC Centre for Neuropsychiatric Genetics and Genomics part of the Department of Psychological Medicine at the The Henry Wellcome Building for Biomedical of Cardiff University. He has received numerous honors including the “Lilly Young Investigator Fellowship in Bipolar Disorder” (2005), he was invited to give an oral presentation to the NIH research track at the APA meeting (2005), and he was invited as the Key Note speaker to the International Marce Society Meeting (2004). Dr. Ian Jones has authored numerous articles on bipolar disorder, unipolar depression, and perinatal mood disorders. Dr. Ian Jones is this year’s Marce Medal winner.



North American Society for Psychosocial Obstetrics and Gynecology

NASPOG is the regional group that represents the Marcé International Society in North America. The aim of the NASPOG is somewhat broader than the Marcé – that is, to foster scholarly scientific and clinical study of the biopsychosocial aspects of obstetric and gynecologic medicine. Although the primary focus is often on women, this does not preclude the study of men insofar as they are involved with women in couple communications, sexual, reproductive and parenting behavior. The aim is broadly defined to include the psychological, psychophysiological, public health, socio-cultural, ethical and other aspects of such functioning and behavior.

The Society is comprised of approximately 200 members drawn from the fields of obstetrics and gynecology, psychiatry, psychology, nursing, social work, anthropology, and other related disciplines.

The Society was formed in 1971 as an independent body after existing as a special interest group of the American College of Obstetricians and Gynecologists (ACOG) since the early 1960's. The Society remains an affiliate organization of ACOG. This relationship, is identified as part of ACOG's goals to:

1. Interrelate with other organizations and special interests within obstetrics and gynecology;
2. Improve communication among these organizations and ACOG in order to establish more collaborative relationships and create a more unified voice within the specialty of ob/gyn; and
3. Provide cost-effective services to organizations so that they might further the overall mission of fulfilling the educational needs of the specialty.

NASPOG conducts annual meetings during February-March each year with abstract presentations, poster sessions, and symposia with invited speakers. The annual meeting serves as a forum for scientific and clinical discussions. Presenters include nationally and internationally known obstetricians, gynecologists, psychiatrists, psychologists, behavioral scientists, attorneys, nurses, and social workers.





*International Marcé Society
Conference 2010 Key Note Speaker:*

*Mrs. Rosalynn Carter on
The Daily Show with Jon Stewart*

Watch the clip here:

<http://www.thedailyshow.com/watch/tue-may-4-2010/rosalynn-carter>



Carnegie Museum of Natural History and the City of Pittsburgh's DinoMite Days

Just like Chicago's [Cows on Parade](#) and Toronto's [Moose in the City](#) Pittsburgh's [DinoMite Days](#) brought 100 creatively decorated dinosaurs to shops, businesses and cultural centers around the city.

There are several roaming around Station Square and the downtown area . . . see if you can spot them!



 The
Marcé
Society