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2014 International Marcé Society Biennial Conference- Swansea, Wales

Mark your calendars to attend this important conference taking place 10-12 September, 2014. The theme of the 2014 conference is "*Creating Change in Perinatal Mental Health*". The Call for Abstracts Site and the Registration Site will be opening soon, so stay tuned for more information. We hope to see you there!

Help us to promote the 2014 International Marcé Society Meeting by adding these slides to any presentations you may give. [Click here to access these slides.](#)

Also, please consider adding the following verbiage to your email signature: "Save the Date for the International Marcé Society Biennial Scientific Meeting 10-13 September 2014, Swansea University, Wales, UK"



Renew Today!

Can you believe it is already the end of November?! You know what that means... it is time to renew your membership in the Marcé Society for 2014.

Benefits of being a part of this organization include:

- Special Recognition at Marcé Conference(Diamond Members only)
- Electronic subscription for The Archives of Women's Mental Health (for Gold and Diamond Level Members only)
- Reduced Registration Fees for the International Marcé Society Conference (*2014 Meeting is 10-12 September 2014, Swansea University, Wales, UK*)
- Committee Membership Opportunities
- Newsletters
- The ability to join the member listserv, with discussions related to all issues surrounding pregnancy and questions about treatment, medication, new studies, special cases, and much more.

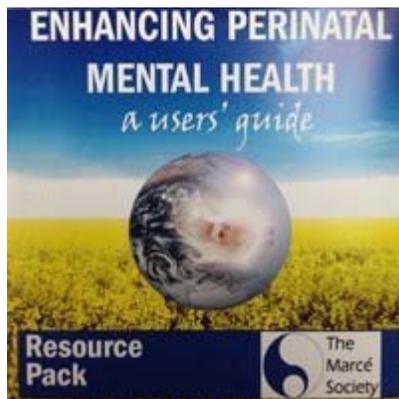
We would like to thank you, our Marcé Members for your continued support of the Society and the important work we do.

A special thanks to our Diamond Members:

Safiyah Abdul-Rahman
Najlaa A. Alhaj
Gloria Angeletti
John Cox
Sivakumaran Devarajan
Jane I. Honikman
Maureen Elizabeth Lagan
Catherine Lager
Adela M. Marin
Aarti Mehta
Samantha Meltzer-Brody

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stories and features from physicians, nurses, midwives, and other specialists in the field.



The Resource Pack

The Marcé Society's Resource Curriculum, the Resource Pack has Four Units that are designed for self-study but uniquely suitable for group work. Unit One is called "Emotions and Feelings", Unit Two is "Psychiatric Illnesses and Emotional Disorders, Unit Three is "Skills and Attitudes" and Unit Four is "In Practice". The cost is \$30 USD.

[Buy a copy today by clicking here!](#)

Marcé Society Position Statement

The Marcé Society created the Position Statement in order to:

- Outline the general principles and concepts involved in psychosocial assessment and depression screening;
- Outline the current debate regarding benefits and risks in this area of practice including the clinical benefits and the ethical, cultural and resource implications of undertaking universal psychosocial assessment in the primary health care setting;
- Provide a document that will assist with advocacy for the development of perinatal mental health services in the primary care setting.

The Position Statement has been endorsed by:

- International Association of Women's Mental Health
- French Psychiatric Federation
- Australian College of Midwives , Royal Australian & New Zealand College of Psychiatrists, Royal Australian College of Obstetrics & Gynecology
- Indo Canadian Psychiatrists Association

Endorsements from: Royal British colleges of Psychiatrists & O & G; International Society for Psychosomatic Obstetrics & Gynecology; and North American Society for Psychosocial Obstetrics and Gynecology are underway.

Thank you to Marie-Paule Austin and the Position Statement Advisory for all of their hard work on this endeavor. We will continue to disseminate this important information. [You can read the full Position Statement here.](#)



"Perinatal Mental Health: Optimizing Maternal Treatment to Improve Infant Outcomes"

We held this conference in Chicago, the "Windy

Tadaharu Okano
Lucia Porta Cubas
Lucy Puryear
Verinder Sharma
Rebecca Silton
Bonnie Wagner
Katherine L. Wisner
Hiroshi Yamashita

Thank you!!!



Best Practice & Research Clinical Obstetrics and Gynaecology-

Upcoming January Issue:

*Perinatal Mental Illness:
Guidance for the Obstetrician-
Gynecologist*

This issue, edited by Drs. Jerry Joseph, Michael O'Hara and Katherine Wisner and with many articles from current Marcé Members will be coming out in January 2014.

The following Marcé Members have contributed to this issue:

Cindy Lee Dennis
Alan Gemmill
Nine Glangeaud
Vivette Glover
Antoine Guedeney
Nicole Guedeney
Samantha Meltzer-Brody
Jeannette Milgram
Tim Oberlander
Michael O'Hara
Katherine Wisner

The complete list of contributions can [be accessed here.](#)

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The "WindyCity", home of the 1st American Conference on Perinatal Mental Health

national American Conference on Perinatal Mental Health! The meeting was supported by a grant from the National Institute of Child Health and Human

Development (NICHD), and was co-sponsored by Northwestern Medicine and several organizations whose mission is to improve the health of mothers and infants: American Congress of Obstetricians and Gynecologists, North American Society for Psychosocial Obstetrics and Gynecology, MotherToBaby (formerly the Organization of Teratology Information Specialists), and the Seleni Foundation. About 370 delegates from 20 countries attended the conference! In this issue of the newsletter are some reports from the three conference workshops.

The theme, *Optimizing Maternal Treatment to Improve Infant Outcomes*, was selected to focus on the critical importance of the managing maternal mental illness during pregnancy to improve the health and well-being of their infants. The goal of treatment is remission of the disorder and return to optimal functioning. Nowhere in medicine is the need for personalization of care so crucial than during pregnancy—personalization of the intervention for the primary mental illness and comorbidities; for the course, characteristics, and treatment responses of the woman's illness; for pregnancy physiology; and for her capacity to provide sustenance for the growing fetus and interactive emotional care after the baby is born.

Other Regional Marcé Society Meeting Reports

"16th Annual Meeting of the French Regional Group"

Société Marcé Francophone
Bordeaux, 23 et 24 mai 2013

The focus of this congress was the different psychotherapeutic approaches in perinatal. We had 200 participants coming from all parts of France, Belgium, Luxembourg Switzerland and even Canada!

Antoine Guedeney made a presentation about the evolution of perinatal joint psychic cares. Professionals working in different disciplines in the perinatal field, (neither psychologists nor psychiatrists), expressed their point of view and difficulties about caring for women with perinatal psychological disorders. Then followed plenary sessions with presentations on different types of care by several experts by A Carel on family therapy, N Guedeney on attachment theory, MR Moro on care in transcultural context, O Omay on IPT and G Merminod on psychotherapies using videos feedback.

Then there were workshops on each of those types of care to enable participants to discuss their practice with those experts.

As usual for a Marcé Society Congress, this one in Bordeaux had a very friendly atmosphere as well as very good scientific level of exchange between participants. Participants reported in their congress evaluation that they appreciated having

Study Seeking Referrals:

The Perinatal & Reproductive Psychiatry Program at Harvard's Mass General Hospital has a small study ongoing right now, and would be grateful for any referrals. Because they want to understand risk factors for depression in women undergoing infertility treatment, they are asking women to track mood, stress, and other factors across treatment prospectively. They can participate from anywhere.

[Click here for more information.](#)



Postdoctoral Training in Reproductive Mood Disorders

The University of North Carolina at Chapel Hill hosts the only NIH funded postdoctoral training program in reproductive mood disorders. The program directed by David R. Rubinow, M.D. and Susan S. Girdler, Ph.D., is designed to train both MD and PhD scientists, and to foster the development of researchers with expertise in both the biological basis and clinically relevant (predictive) phenotypes of reproductive mood disorders (perinatal depression, premenstrual dysphoric disorder, and perimenopausal depression).

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help them to improve their clinical practice to care for the different disorders of their patients.

"IPT Training before Bordeaux Congress"

A two day training on Interpersonal Psychotherapy Treatment (IPT) ("Clinical introduction"-Qualification for level A-ISIPT) took place before the congress. This psychotherapy has been empirically demonstrated to be effective in the treatment of affective disorders and interpersonal problems and has been proven to be particularly helpful for women with depression during pregnancy and the postpartum. IPT is not yet well known or used in France.

This is the first time that such a training was available in France and in French. The three trainers were all French Marcé members trained by Pr. Scott Stuart and supervised by Ursula Streit (Oguz Omay, psychiatrist: Perinatal psychiatry consultations, La Teppe, Tain l'Hermitage ; Elisabeth Glatigny-Dallay and Ingrid Lacaze are both psychologist: Réseau de Psychiatrie Périnatale, Pôle Universitaire de Psychiatrie de l'adulte, CH Charles Perrens, Bordeaux). The group of 30 participants (midwives, pediatricians, nurses, psychologists, psychiatrists) discovered with enthusiasm this therapy. Feedback from the group was excellent, many underlined immediate change in their practice.

Another two day IPT Training is planned September 16-17, 2014, before the French Marcé Meeting in Limoges (September 18-19, 2014).

"Joint International and Turkish Marcé Society Symposium in Antalya"

"During the 5th International Congress on Psychopharmacology and International Symposium of Child & Adolescent Psychopharmacology "Improved choices of psychotropic medications: better mental health outcomes" (October 30th and November 3th of 2013, in Antalya) There was a Symposium of the Marcé Society on "Impact of maternal treatments on the infant during the perinatal period" (Nine Glangeaud and Oguz Omay chairs) speakers Nine Glangeaud, Anne Laure Sutter, and our Turkish colleagues Gökşen Yüksel and Mine Sahingoz. Other Turkish Marcé Society colleagues Onder Kavakci, Nazan Aydin and International Marcé Society Members Ian Jones, Trine Munk Olsen also contribute to "new perspectives in perinatal psychiatry"; and Faruk Uguz and Bilge Burcak Annagur (with Italian colleagues Giovanni Biggio and Mauro Mauri) to "psychopathology during pregnancy and postpartum period"; and Jane Honickman to "working with users' associations in perinatal psychiatry".

Other Upcoming Meetings

"17th Annual Meeting of the French Regional Group"

Société Marcé Francophone
Limoges (18-19 September 2014)
Information and reservations: +33 (0)5 55 43 13 88 and www.marce-francophone.fr

The 2014 Annual Meeting of the French Regional Group will be held on the theme "Babies Today, Parents Tomorrow: building together a pathway to of Psychi

[information.](#)

Upcoming Meetings: Contribution of Marcé Society Members to upcoming meetings of other societies

-Herewith a **call for 3 contributions of Marcé Society Members** for a joint symposium of International Marcé Society and Spanish Marcé Society Regional Group which will take place just after the Swansea Meeting at the XVI World Psychiatry Congress, in Madrid, Spain 14-18 September 2014. "*Focusing on Access, Quality and Humane Care*" (Ibone Olza will be the fourth speaker) **Members who are interested can write to Maria Luisa Imaz Email: MLIMAZ@clinic.ub.es. Deadline is 20th December.**

-14th World Congress WAIMH "Babies: Their Contributions -Our Responsibilities" Edinburgh, Scotland 14th - 18th June, 2014 a Marcé Society Symposium has been submitted on "Position Statement on Psychosocial Assessment and Depression Screening in Perinatal Women" (coordinated by Nine Glangeaud, in collaboration with Antoine Guedeney (Past Président of WAIMH) Michel Dugnat president of SMF) and 4 speakers: Roch Cantwell, Bryanne Barnett, Angela Bowen, Anne-Laure Sutter-Dallay.



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Perinatal Care.

How to be accurate about sensoral and emotional experiences of the infant, about the archaic dimension and to understand the mechanisms involved in the process of elaboration of the infant psychic life ?

How to support parents empathy with the baby to ensure basic security necessary to child development, in clinical at risk situations for somatic, psychological or social reasons?

During this meeting, different professionals in the perinatal domain will present and discuss their practices and pathways for care of newborns and the family. Only a consensus and mutidisciplinary network for care can ensure the coherence and efficiency of this process. We will discuss the different ways to "care together" for infants and families

"The 27th Annual Postpartum Support International Conference"

The 27th Annual Postpartum Support International (PSI) Conference will be held in conjunction with the University of North Carolina Center for Women's Mood Disorders in Chapel Hill, North Carolina on June 20 and 21, 2014. The theme of this conference will be "*Creating Connections between Communities, Practitioners, and Science: Innovative Care for Perinatal Mood Disorders*"

Additionally, on June 18 and 19, they will hold their annual PSI 2-day pre-conference Certificate of Completion Course, Perinatal Mood and Anxiety Disorders: Components of Care.

2016 International Marcé Society Biennial Conference- Melbourne, Australia

Watch this space- plans for the 2016 International Marcé Conference are underway, and the venue will be Melbourne, Australia-get ready to come Down Under!

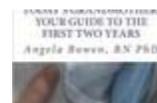
Chronobiology Session Presented at the Perinatal Mental Health Meeting

Chronobiology is the branch of biology concerned with natural physiological rhythms and other cyclical phenomena. Chronobiological processes are integral to health and wellbeing, with unique implications in the perinatal period where non-drug interventions may be preferred. Chronobiology is inextricably linked with mood disorders, as these disorders are intrinsically rhythmic and reveal desynchronizations in the individuals whom they affect. The 2013 Perinatal Mental Health Meeting featured an overview of the field from the basic sciences to clinical applications.

[Click here to read the full article.](#)

Behavioral Intervention Approaches for Perinatal Mood Disorders Workshop

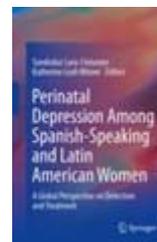
On November 6, 2013, the Behavioral Intervention Approaches for Perinatal Mood



MEMBER PUBLICATIONS!

Angela Bowen, RN, PhD wrote *Today's Grandmother: Your Guide to the First Two Years* in order to update women about the changes in pregnancy and baby care since they had their baby, with a focus on the relationship with the parents.

It is available on Amazon.com. The direct link is available [here](#). A portion of the proceeds will go to Grandmothers to Grandmothers, Stephen Lewis Foundation.



S. Lara-Cinisomo, K.L. Wisner (Eds.)

Perinatal Depression among Spanish-Speaking and Latin American Women

A Global Perspective on Detection and Treatment

- ▶ Unique resource for researchers in maternal health who work with Spanish-speaking women in the U.S., and in Spanish-speaking countries around the world
- ▶ Draws from research conducted in Latin America, Spain, and the U.S.
- ▶ Focuses on the need for

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co-chaired by Dr. Michael O'Hara and Dr. Jackie Gollan. This 6.5 hour conference focused on updating clinicians and researchers about the theoretical principles and clinical techniques that represent four separate approaches, all of which represent state of the art psychotherapy for the prevention and treatment of perinatal depression. Two of these approaches reflected the use of technologies, specifically, phone and web-based delivery of psychotherapy offering clinicians new ideas about delivery of service. Also, each of the four presenters provided a half hour demonstration of the techniques with Jen Mathews, an actress from Erasing the Distance, a non-profit arts organization based in Chicago that uses the power of performance to disarm stigma, spark dialogue, educate, and promote healing surrounding issues of mental health.

interventions for postpartum depression

This resource is available for purchase at the [Springer Website](#).

[Click here to read the full article.](#)

PMHM Workshop: "If You Build It, They Will Come: Constructing a Perinatal Psychiatry Curriculum:

By Lisette Rodriguez-Cabezas, PGY2 Psychiatry Resident, Department of Psychiatry and Behavioral Sciences, Northwestern University.

The 1st Perinatal Mental Health Conference, in Chicago, IL, was a gathering of some of the most accomplished minds in maternal mental health. Regardless of the topic, one thing was certain- everyone in attendance was committed to discussing ways to provide the best care for every woman during the perinatal period.

The workshop "If You Build It, They Will Come: Constructing a Perinatal Psychiatry Curriculum," included presentations from current women's mental health programs across the country that currently offer fellowships or specialty training with a focus in perinatal health. Additionally, a challenging clinical case was offered as a way to identify the special needs of women during childbearing in order to design a training curriculum. Finally, a lively discussion ensued on the potential future directions of designing a curriculum to help better train future perinatal mental health specialists.

[Please click here to read the full article.](#)

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