

## **Michael O' Hara, PhD-**

Professor of Psychology, Starch Faculty Fellow and co-director of the Iowa Depression and Clinical Research Center. He received his Ph.D. from the University of Pittsburgh in 1980 and has spent his entire academic career at the University of Iowa. Dr. O'Hara has over 100 publications including journal articles, books, and book chapters, most of which address issues related to perinatal mood disorders. Over the years his research has addressed the validity of psychological models of depression in postpartum women, epidemiology of depression during pregnancy and the postpartum period, and environmental, psychological, social, and hormonal causes of postpartum depression, and treatment interventions for women with postpartum depression and depression during pregnancy. He has been an Associate Editor for Psychological Bulletin and he is on the editorial board of the Journal of Abnormal Psychology. He is also a section editor for the Archives of Women's Mental Health. Dr. O'Hara has served as the President of the Marcé Society (the premier international society addressing perinatal mood disorders) and was given its lifetime achievement award (the Marcé Medal) in 2000. He also has served as President of the Society for Research in Psychopathology.

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