

Curriculum Vitae Professor Ian Jones

Ian Jones is Professor of Psychiatry and Honorary Consultant Perinatal Psychiatrist at Cardiff University. He is Director of the National Centre for Mental Health (NCMH.info) and with colleagues leads the Bipolar Disorder Research Network (BDRN.org). NCMH has recruited over 20,000 people with mental health problems to its research cohort and BDRN has involved over 7,000 people with bipolar disorder from around the UK in research. He leads the Cardiff University Psychiatry Service (CUPS) and a clinical service offering pre-conception counselling to women with severe mental illness. He is Director of BEP-C, a group psychoeducation programme for bipolar disorder. He is a Trustee of The Maternal Mental Health Alliance (maternalmentalhealthalliance.org) and a Trustee and Scientific Advisor to Action on Postpartum Psychosis (app-network.org). His research focuses on bipolar disorder and postpartum psychosis. He has authored or co-authored over 300 publications and book chapters. He has been awarded the Marcé Medal for his research on Postpartum Psychosis and was named Academic Psychiatrist of the Year at the RCPsych Awards 2013. In 2014 BEP-C was awarded the British Medical Journal (BMJ) award for innovation in medicine.

Institution: Cardiff University
Address: Institute of Psychological Medicine and Clinical Neurosciences
Cardiff University School of Medicine
Hadyn Ellis Building
Maindy Road, Cathays
Cardiff CF24 4HQ
Phone: +44 029 20 688 327, ext. 88327 **E-mail:** jonesir1@cf.ac.uk
Current post: Director National Centre for Mental Health,
Professor of Psychiatry and Honorary Consultant Perinatal
Psychiatrist

Qualifications: **BSc** (Hons), University of London, 1988
MB BS, University of London, 1991
MRCPsych, London, 1995.
MSc (Distinction), Wales, 1997
PhD, University of Birmingham, 2003

Work history:

2003 – 2013 Senior Lecturer / Reader in Psychiatry, Cardiff University
2001 – 2003 Senior Lecturer in Psychiatry, University of Birmingham
2000 – 2001 Visiting Research Fellow, Virginia Institute of Psychiatric and Behavioural Genetics, Medical College of Virginia
1998 – 2001 Wellcome Trust Training Fellow, University of Birmingham
1996 – 1998 Wellcome Research Fellow, University of Wales College of Medicine

Significant funding (selection from over £27million total grant income):

2020-2025 **H&CRW**. (PI) £4,750,000. The National Centre for Mental Health.
2018-2020 **MRC** (Co-PI). £971,676. Integrating genetic, clinical and phenotypic data to advance stratification, prediction and treatment in mental health.
2018-2020 **MRC**. Clinical Research Training Fellowship for Marisa Dias (Lead Supervisor) £271,895. Individualising the risk of recurrence for women with bipolar disorder in the perinatal period.

- 2018-2022 **Takeda** (Co-PI), £3,982,340. Identify new potential targets for therapeutic intervention in schizophrenia.
- 2018-2021 **H&CRW** (PI) £66,000. Making the invisible visible: Using lived experiences of severe mental illness around childbirth to co-produce tools for individualised pregnancy planning.
- 2016-2021 **Comic Relief**. £1,557,575. (with Maternal Mental Health Alliance). Everyone's Business Campaign
- 2015-2018 **MRC** (Co-PI). £ 719,373. Investigating a placental origin for pregnancy and postpartum mood disorders
- 2015-2020 **H&CRW**. (PI) £5,000,000. The National Centre for Mental Health.
- 2014-2017 Marie Curie Actions: International Outgoing Fellowships (PI) £282,109. Postpartum BiD: Improving prediction of the triggering of bipolar disorder episodes by childbirth
- 2013-2018 **NIHR** Programme Grant for Applied Research (Co-PI). £2,000,020. The Effectiveness and Cost-effectiveness of Perinatal Psychiatry Services (ESMI).
- 2008-2016 **Stanley Medical Research Institute** (Co- PI) \$3.1m. Genetic studies of bipolar disorder.
- 2011-2015 **NISCHR**. The National Centre for Mental Health. (Co-PI) £3,304,746.
- 2009-2014 **Big Lottery Fund**. (P.I) £770,862. Bipolar Education Programme Cymru – Psychoeducation for bipolar disorder.

Publications (10 selected from over 300 peer reviewed publications):

H index = 76, total citations = 31,456, i10 index = 208

1. Di Florio A, Forty L, Gordon-Smith K, Heron J, Jones L, Craddock N, **Jones I.** (2013) Perinatal episodes across the mood disorder spectrum. **JAMA Psychiatry.** 70(2):168-75.
2. Munk-Olsen T, Laursen TM, Meltzer-Brody S, Mortensen PB, **Jones I** (2012). Psychiatric disorders with postpartum onset: possible early manifestations of bipolar affective disorders. **Arch Gen Psychiatry,** 69(4), 428-434.
3. Lewis KS, Gordon-Smith KS, Forty L, Di Florio A, Craddock N, Jones L, **Jones I.** (2017) Sleep loss as a trigger of mood episodes in bipolar disorder: individual differences based on diagnostic subtype and gender. **British Journal of Psychiatry.**
4. Blackmore ER, Rubinow DR, O'Connor TG, Liu X, Tang W, Craddock N, **Jones I.** (2013). Reproductive outcomes and risk of subsequent illness in women diagnosed with postpartum psychosis. **Bipolar Disorders.** 15(4):394-404
5. Stahl E, et al. (2019) Genome-wide association study identifies 30 Loci Associated with Bipolar Disorder. **Nature Genetics.** In Press.
6. Dolman C, **Jones IR,** Howard LM. (2016) Women with bipolar disorder and pregnancy: factors influencing their decision-making **British Journal of Psychiatry Open** 2 (5), 294-300
7. **Jones I,** Hamshere ML, Nangle NJ, Bennett P, Middle F, Heron J, Segurado R, Lambert D, Holmans P, Corvin A, Owen MJ, Jones L, Gill M, Craddock N. (2007) Bipolar affective puerperal psychosis – genome-wide significant evidence for linkage to chromosome 16. **American Journal of Psychiatry.** 164(7):1099-104.
8. Forty L, Jones L, Macgregor S, Caesar S, Cooper C, Hough A, Dean L, Dave S, Farmer A, McGuffin P, Brewster S, Craddock N, **Jones I.** (2006) Familiality of Postpartum Depression in Unipolar Disorder: Results of a Family Study. **American Journal of Psychiatry.** 163(9):1549-53.
9. The Wellcome Trust Case Control Consortium. (2007) Genome-wide association study of 14,000 cases of seven common diseases and 3,000 shared controls. **Nature.** 447, 661-678

10 V Anttila, et al. (2018). Analysis of shared heritability in common disorders of the brain. **Science** 360 (6395), eaap8757

Awards:

- Marcé Medal for Excellence in Perinatal Psychiatry Research for work on Postpartum Psychosis, 2010.
- Academic Psychiatrist of the Year, RCPsych Awards 2013.
- British Medical Journal (BMJ) award for Innovation in Medicine 2014, for the Bipolar Education Program Cymru.
- Awarded an Honorary Fellowship by the University of Worcester and appointed to the University's College of Fellows 2015

Selection of leadership roles

- President of UK and Ireland Marcé society (UKIMS) (2010 – 2012).
- Chair of Action on Postpartum Psychosis (APP) (2011 – 2014).
- Trustee and Scientific Advisor, Action on Postpartum Psychosis (APP) (2014 – present)
- Trustee, Maternal Mental Health Alliance. (2018 – present)
- Co-chair, Royal College of Psychiatrists International Congress (2016 – present)
- Director of Clinical Training. Cardiff MRC Centre in Neuropsychiatric Genetics and Genomics and Program Director for Academic Trainees in the Wales School of Psychiatry (2009 – 2014)
- Director of the MRC Clinical Academic Mentorship Scheme for Academic Clinical Trainees.
- Co-Director, Cardiff Annual Summer School in Brain Disorder Research.
- Vice-Chair RCPsych Perinatal Section. (2012 – 2016)
- Member of the Executive of the Academic Faculty of the Royal College of Psychiatry (2008 – present)
- Member of the Executive of the Section of Perinatal Psychiatry of the Royal College of Psychiatry (2004 – 2016)
- Member of the Executive of the UKI Marcé Society (2005 – present)
- Member of the Executive of the International Marcé Society (2010 – 2014)