

## Short CV

Prof. Dr.Sarah Kittel-Schneider

Sarah Kittel-Schneider is Associate Professor and Vice Director of the Department of Psychiatry, Psychotherapy and Psychosomatic Medicine, at the University Hospital of Würzburg, Germany. As Head of Neurodevelopmental Psychiatry, she also leads the mother-child unit, and the Bipolar and ADHD programs. She studied medicine in Würzburg and thereafter specialized in adult psychiatry and psychotherapy at the University Hospital of Würzburg. Previously, she worked as the Vice Director of the Department of Psychiatry, Psychotherapy and Psychosomatic Medicine, University Hospital of Frankfurt, Germany, where she established a specialized outpatient clinic for perinatal mental disorders. Since returning to Würzburg in July 2019, she has implemented a support group for partners of mothers with perinatal mental problems. Her current clinical and research focuses are on the perinatal mental health of fathers, the influence of psychopharmacological medication on the development of exposed children, and the psychosocial as well as neurobiological risk factors of parental perinatal mental disorders (with a specialist interest in affective disorders and ADHD). Her second professional area of interest is translational psychiatry. She leads her own research laboratory, which uses cell culture and molecular biology methods to investigate models of gene-environment interaction in neurodevelopmental and perinatal mental disorders. She has published over 80 peer-reviewed articles.