

Dr Nicole Reilly

ARH Post-Doctoral Research Fellow

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CAREER SUMMARY

I have worked in research since 2003 and at the forefront of research, policy and practice in perinatal and maternal mental health since 2007, when I worked closely with leading experts to co-write the *beyondblue* National Action Plan for Perinatal Mental Health. This Plan led directly to the implementation of the \$85M National Perinatal Depression Initiative (2008-2013). This national role was also the catalyst for my now longer term passion for promotion, prevention and early intervention initiatives in maternal, child and family health.

I instigated the measurement of perinatal mental health screening and service access in the country's largest longitudinal survey of women. As a result of my advocacy, perinatal depression screening items have been included in every survey of the Australian Longitudinal Study on Women's Health (ALSWH) 1973-1978 cohort since 2009. These data, from over 8,000 women across Australia, have informed policy and practice development over the past 10 years.

This ALSWH data was the focus of my doctoral degree (awarded without corrections in 2016), with results used as an evidence base for rapid organisational clinical practice change as well as innovative service development with industry partners ('mummatters' - the first web-based tool for perinatal depression screening and psychosocial assessment specific to the Australian health care context – was co-developed with Bupa Australia and launched in November 2016).

I was a consultant to *beyondblue* for the development of Australia's first clinical practice guidelines for perinatal mental health (2010) and in 2013 co-developed an options paper which ultimately resulted in three items for antenatal depression screening and psychosocial assessment being included in an agreed set of priority data items for improving national perinatal data collection (AIHW 2014, 2016, 2018).

I have authored or co-authored over 30 peer-reviewed publications with an additional six papers currently under review. I am co-author on two book chapters relating psychosocial assessment in the perinatal period. My research has been included in a report prepared for the Department of Health relating to major mental health findings arising from the Australian Longitudinal Study on Women's Health (ALSWH) and is cited in the 2017 national clinical practice guidelines for perinatal mental health. I am a named investigator on projects totalling over \$3M million dollars in competitive research funding.

EDUCATION	2016	PhD, School of Psychiatry, UNSW Australia
	2002	BPsych(Hons), School of Psychology, UNSW Australia
AWARDS	2014	UNSW Faculty of Medicine Dean's List Award for Outstanding Research
	2012	UNSW Research Support Scheme Award
RESEARCH FUNDING	2018-2020	Chief Investigator, Australian Rotary Health Geoffery Betts Postdoctoral Fellowship (\$225K). <i>Project title: Prevention and early intervention for maternal mental illness: a research program that will inform policy and clinical practice.</i>
	2018	University of Newcastle Faculty of Health & Medicine Strategic Pilot Grant (\$9K). <i>Project title: The impact of national prevention and early intervention investments for maternal mental health: a 20 year policy evaluation</i>
	2015-2017	Associate Investigator, NHMRC Project Grant (\$1.06M). <i>Project title: 'Critical illness in children: Can we afford to neglect the psychosocial risks? The impact, acceptability, and cost-effectiveness of routine psychosocial assessment and stepped care for families of infants with heart disease'</i>
	2012-2016	Associate Investigator, NHMRC Partnership Grant for Better Health Grant in partnership with <i>beyondblue</i> in perinatal mental health policy analysis (\$1.1M). <i>Project title: 'The Australian perinatal mental health reforms: using population data to evaluate their impact on service utilisation and related cost-effectiveness'</i>
	2011-2015	Associate Investigator, Canadian Institutes of Health Research (CIHR) Grant (\$870K). <i>Project title: 'QF2011: The effects of the Queensland Flood on pregnant women, their pregnancies, and their children's early development'</i>
	2010-2014	Chief Investigator, BUPA Foundation Grant in partnership with the Australian Longitudinal Study on Women's Health (\$248K). <i>Project title: 'Perinatal mental health assessment: does it improve maternal health outcomes?'</i>
PEER-REVIEW ACTIVITIES	2016- 2018	Associate Editor, BMC Pregnancy and Childbirth
	2013 – date	Invited reviewer, Journal of Affective Disorders, Archives of Women's Mental Health, Birth, Women and Birth, Journal of Reproductive and Infant Psychology, Journal of Psychosomatic Research, Journal of Child and Family Studies, Health and Social Care in the Community, European Psychiatry and General Hospital Psychiatry, Australian and New Zealand Journal of Psychiatry
	2013	External reviewer, NHMRC Project Grant scheme

	2011	External reviewer, beyondblue National Priority Driven Research Program (perinatal mental health stream)
PROFESSIONAL MEMBERSHIPS	2009 – date 2013 – date 2013 – date 2014 – date 2015 – date 2016 – date	International & Australasian Marcé Society Australian Centre for Perinatal Science Illawarra Health and Medical Research Institute Society for Mental Health Research Health Services Research Australia and New Zealand Franklin Women
CURRENT APPOINTMENT	2018 - date	ARH Post-Doctoral Research Fellow, Research Centre for Generational Health and Ageing, School of Nursing & Midwifery, Faculty of Health and Medicine As a Research Fellow, I am responsible for independently driving an original and comprehensive 3-year research program focused on prevention and early intervention for maternal mental health. This work includes a national policy evaluation, validation of perinatal psychosocial risk assessment tools and examination of health professional adherence to clinical practice guidelines. Other responsibilities in this role include: <ul style="list-style-type: none"> • Lecturer/Tutor for Knowledge Translation in Health Care (NURS6910), Trimester 3, 2018 and 2019. • Co-supervisor for three PhD candidates (UON), each of whom are working in the area of maternal or child health. • Perinatal Mental Health Lead for the Research Centre for Generational Health and Ageing (RCGHA) Worldwide Wellness of Mothers and their Babies (WWOMB) research program • Chair, RCGHA Policy and Research Influence Sub-Committee • Contributor to reports and policy briefs as required, including individual and centre-based submissions for the development of the Women’s Health Strategy for the Department of Health and ALSWH Technical Reports and Major Reports.
PREVIOUS POSITIONS	2013-2017	Senior Researcher, Perinatal & Women’s Mental Health Unit, St John of God Burwood Hospital & Conjoint Lecturer/Senior Lecturer, School of Psychiatry, UNSW
	June 2010 – Sept 2010	Consultant to the Expert Clinical Advisory Committee, beyondblue Clinical Practice Guidelines for Depression and Related Disorders in the Perinatal Period
	2009-2013	Research Officer/Research Associate, Perinatal & Women’s Mental Health Unit, St John of God Burwood Hospital & Conjoint, School of Psychiatry, UNSW.
	Jan 2008 – Dec 2008	Research Officer, Perinatal and Reproductive Epidemiology Research Unit, UNSW .

	Jan 2008 – Dec 2008	Consultant to beyondblue, National Program Officer for the National Perinatal Depression Initiative (NPDI)
	Jan 2007 – Dec 2007	National Project Officer for the beyondblue National Action Plan for Perinatal Mental Health
	2003-2009	Research Officer, School of Psychiatry, UNSW
ADDITIONAL PROFESSIONAL ACTIVITIES	2019	Executive Member, Australasian Marcé Society
	2019	Mentee, Inaugural International Marcé Society Mentorship Program
	2019	Convenor and Chair, UON Research Centre for Generational Health and Ageing (RCGHA) Research Engagement and Impact workshop, Oct 2019.
	2018 – date	Chair, UON Research Centre for Generational Health and Ageing (RCGHA) Policy and Research Influence Sub-committee
	2013-2016	Member, Organising Committee, St John of God Burwood Hospital and South Eastern Sydney Local Health District Annual Perinatal Mental Health Seminar
	2013	Member, Organising Committee, Developmental Origins of Health and Disease: Fetal Programming and Offspring Mental Health Outcomes Seminar, St John of God Burwood Hospital
	2009-2013	Chair, St John of God Health Care, Data and Evaluation Sub-Committee, National Steering Committee for Perinatal Mental Health
	2009-2013	Member, St John of God Health Care, Social Outreach and Advocacy National Steering Committee for Perinatal Mental Health
	2007-2008	Member, National Steering Committee for the beyondblue National Action Plan for Perinatal Mental Health
REFEREES	Professor Deborah Loxton , Deputy Director, Australian Longitudinal Study on Women’s Health & Co-Director, Research Centre for Generational Health and Ageing, School of Medicine and Public Health, University of Newcastle. e: Deborah.loxton@newcastle.edu.au ; ph: 0438 841 502	
	Professor Marie-Paule Austin , Chair and Director, Perinatal and Women’s Mental Health, St John of God Health Care and School of Psychiatry, UNSW Sydney. e: m.austin@unsw.edu.au ; ph: 0401 039 913	
	Dr Nicole Highet , Founder & Executive Director, Centre of Perinatal Excellence (COPE) e: nicole.highet@cope.org.au ; ph: 0438 810 235	

PUBLICATIONS LIST

PEER-REVIEWED PUBLICATIONS	<ol style="list-style-type: none">1. Reilly N, Brake E, Kalra H, Austin M-P. Insights into implementation of routine depression screening and psychosocial assessment in a private hospital setting: a qualitative study. <i>Australian & New Zealand Journal of Obstetrics and Gynaecology</i>; 2019 (published online 24 October 2019, early view).2. Forder PM, Rich J, Harris S, Chojenta C, Reilly N, Austin MP, Loxton D. Honesty and comfort levels in mothers when screened for perinatal depression and anxiety. <i>Women & Birth</i> (published online 24 May 2019, early view).3. Reilly N, Brake E, Briggs N, Austin M-P. Trajectories of clinical and parenting outcomes following admission to an inpatient mother-baby unit. <i>BMC Psychiatry</i>. 2019; 19 (336).4. Reilly N, Kingston D, Loxton D, Talcevska K, Austin M-P. A narrative review of studies addressing the clinical effectiveness of perinatal depression screening programs. <i>Women and Birth</i>. 2020; 33(1): 51-9.5. Reilly N, Turner G, Taouk J, Austin M-P. ‘Singing with your baby’: an evaluation of group singing sessions for women admitted to a specialist mother-baby unit. <i>Archives of Women`s Mental Health</i>. 2019;22(1):123-127.6. Reilly N, Talcevska K, Black E, Matthey S, Austin M-P. A comparison of the interviewer-administered phone and self-complete online versions of the computerized eMINI 6.0 in a sample of pregnant women. <i>Journal of Affective Disorders</i>. 2019;242:265-269.7. Kalra H, Reilly N, Austin MP. An evaluation of routine antenatal depression screening and psychosocial assessment in a regional private maternity setting in Australia. <i>Australian and New Zealand Journal of Obstetrics and Gynaecology</i>. 2018; 58: 629-635.8. Chambers G, Randall S, Mihalopoulos C, Reilly N, Sullivan E, Highet N, Morgan V, Croft M, Chatterton M-L, Austin M-P. Mental health consultations in the perinatal period: a cost-analysis of Medicare services provided to women during a period of intense mental health reform in Australia. <i>Australian Health Review</i> 2018; 42: 514-521.9. Farrell J, Nee A, Francis K, Reilly N. Measuring the impact of pastoral services on patients in a private psychiatric hospital. <i>Health and Social Care Chaplaincy</i>; 2018, 6.1, 95-113.10. Reilly N, Black E, Chambers GM, et al. Study protocol for a comparative effectiveness trial of two models of perinatal integrated psychosocial assessment: the PIPA project. <i>BMC Pregnancy and Childbirth</i>. 2017;17(1):236.11. Austin M-P, Christl B, McMahon C, Kildea S, Reilly N, Yin C, Simcock G, Elgbeli G, Laplante D, King S. Moderating effects of maternal emotional availability on language and cognitive development in toddlers of mothers exposed to a natural disaster in pregnancy: The QF2011 Queensland Flood Study. <i>Infant Behaviour and Development</i>. 2017;49:296-309.
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12. **Reilly N** . Stress, depression and anxiety during pregnancy: how does it impact on children and how can we intervene early? *International Journal of Birth and Parent Education* 2017; 5(1):29-32.
13. Chambers G, Randall S, Hoang VP, Sullivan E, Highet N, Croft M, Mihalopoulos C, Morgan VA, **Reilly N** , Austin M-P. The national perinatal depression initiative: An evaluation of access to GPs, psychologists and psychiatrists through the Medicare Benefits Scheme. *Australian & New Zealand Journal of Psychiatry*. 2016;50:264-274.
14. **Reilly N** , Yin C, Monterosso L, Bradshaw S, Neale K, Harrison B, Austin M-P. Identifying psychosocial risk of mothers in an Australian private maternity setting: a pilot study *Australian and New Zealand Journal of Obstetrics and Gynaecology*. 2015;55:453-458.
15. Christl B, **Reilly N** , Yin C, Austin M-P. Clinical profile and outcomes of women admitted to a psychiatric mother-baby unit *Archives of Women's Mental Health* 2015;18:805-816.
16. Xu F, Austin M-P, **Reilly N** , Hilder L, Sullivan E. Length of stay for mental and behavioural disorders postpartum in primiparous mothers: a cohort study. *Int J Environ Res Public Health*. 2014;11:3540 - 3552.
17. Xu F, Austin MP, **Reilly N** , Hilder L, Sullivan E. Length of stay for mental and behavioural disorders postpartum in primiparous mothers: a cohort study. *International Journal of Environmental Research and Public Health*. 2014;11:3540-3552.
18. **Reilly N** , Harris S, Loxton D, Chojenta C, Forder P, Austin M-P. The impact of routine assessment of past or current mental health on help-seeking in the perinatal period. *Women and Birth*. 2014;27:e20-e27.
19. Chojenta CL, Harris S, **Reilly N** , Forder P, Austin M-P, Loxton D. History of pregnancy loss increases the risk of mental health problems in subsequent pregnancies but not in the postpartum. *PLoS One*. 2014;9:e95038.
20. Sims D, Christl B, **Reilly N** , Smith M, Chavasse F, Austin M-P. Psychosocial assessment and mental health: Use of the Post Natal Risk Questionnaire (PNRQ) in an early parenting facility. *Women and Birth*. 2013;26, Supplement 1:S19.
21. **Reilly N** , Harris S, Loxton D, Chojenta C, Forder P, Milgrom J, Austin MP. Referral for management of emotional health issues during the perinatal period: does mental health assessment make a difference? *Birth*. 2013;40:297-306.
22. **Reilly N** , Harris S, Loxton D, Chojenta C, Forder P, Milgrom J, Austin M-P. Disparities in reported psychosocial assessment across public and private maternity settings: a national survey of women in Australia. *BMC Public Health*. 2013;13:632.
23. Christl B, **Reilly N** , Smith M, Sims D, Chavasse F, Austin M-P. The mental health of mothers of unsettled infants: is there value in routine psychosocial assessment in this context? *Archives of Women's Mental Health*. 2013;16:391-399.
24. Austin M-PV, Middleton P, **Reilly N** , Highet NJ. Detection and management of mood disorders in the maternity setting: The

	<p>Australian Clinical Practice Guidelines. Women and Birth. 2013;26:2-9.</p> <p>25. Austin MP, Colton J, Priest S, Reilly N , Hadzi-Pavlovic D. The Antenatal Risk Questionnaire (ANRQ): Acceptability and use for psychosocial risk assessment in the maternity setting Women & Birth. 2013;26:17-25.</p> <p>26. Grant KA, Bautovich A, Reilly N , McMahon C, Austin MP. Parental care and control during childhood: Associations with maternal perinatal mood disturbance and parenting stress. Archives of Women's Mental Health. 2012;15(4):297-305.</p> <p>27. Austin M-P, Reilly N , Sullivan E. The need to evaluate public health reforms: Australian perinatal mental health initiatives. Australian and New Zealand Journal of Public Health. 2012;36(3):208-11.</p> <p>28. Austin MP, Reilly N , Sullivan E. The need to evaluate public health reforms: Australian perinatal mental health initiatives. Australian and New Zealand Journal of Public Health. 2012;36(3):208-11.</p> <p>29. Grant K-A, McMahon C, Reilly N , Austin MP. Maternal sensitivity moderates the impact of prenatal anxiety disorder on infant mental development. Early Human Development 2010; 86: 551-6.</p> <p>30. Grant K-A, McMahon C, Reilly N , Austin M-P. Maternal sensitivity moderates the impact of prenatal anxiety disorder on infant responses to the still-face procedure. Infant Behavior and Development 2010; 33(4): 453-62.</p> <p>31. Austin M-P, Reilly N , Milgrom J, Barnett B. A national approach to perinatal mental health in Australia: exercising caution in the roll-out of a public health initiative [letter]. . Medical Journal of Australia 2010; 192: 111.</p> <p>32. Austin M-P, Hadzi-Pavlovic D, Priest S, et al. Depressive and anxiety disorders in the postpartum period: how prevalent are they and can we improve their detection? Archives of Women's Mental Health 2010; 13(5): 395-401.</p> <p>33. Grant KA, McMahon C, Austin M-P, Reilly N , Leader L, Ali S. Maternal prenatal anxiety, postnatal caregiving and infants' cortisol responses to the Still-Face Procedure. Developmental Psychobiology 2009; 51: 625–37.</p> <p>34. Austin MP, Leader LR, Reilly N . Prenatal stress, the hypothalamic-pituitary-adrenal axis, and fetal and infant neurobehaviour. Early Human Development 2005; 81(11): 917-26.</p>
<p>PUBLICATIONS CURRENTLY UNDER REVIEW</p>	<p>1. Reilly N, Austin M-P. mummatters: attitudes and engagement of consumers with an online tool to support emotional wellness during pregnancy and the postpartum. Submitted to Journal of Medical Internet Research, February 2020.</p> <p>2. Moss K, Reilly N, Dobson A, Loxton D, Tooth L, Mishra G. How perinatal mental health screening in Australia has changed over time, and which women are missing out. Submitted to Australian and New Zealand Journal of Public Health, November 2019</p> <p>3. Austin M-P, Ambrosi T, Reilly N, Croft M, Hutcherson J, Donnelly N, Mihalopoulos C, Chatterton ML, Chambers GM, Sullivan E, Knox C, Xu F, Highet N, Morgan V. A. Frequency and length of</p>

	<p>psychiatric admission in Australian women of childbearing age: a record linkage study. Submitted to Australian and New Zealand Journal of Psychiatry, September 2019</p> <ol style="list-style-type: none"> Chambers G, Botha W, Reilly N, Black E, Kingston D, Austin M-P. The clinical performance and cost effectiveness of two psychosocial assessment models in a maternity setting: the PIPA study. Submitted to International Journal of Nursing Studies, September 2019. Brake E, Berle D, Reilly N, Austin M-P. The relationship between emotion dysregulation and postnatal attachment in women admitted to a mother-baby unit. Submitted to Australian Journal of Psychology, June 2019.
BOOK CHAPTERS	<ol style="list-style-type: none"> Austin MP, Fisher J, Reilly N. Psychosocial Assessment and Integrated Perinatal Care. In: Gemmill A, Milgrom J, editors. Identifying Perinatal Depression and Anxiety: Evidence-based Practice in Screening, Psychosocial Assessment and Management. Chichester, West Sussex: John Wiley & Sons, Ltd.; 2014. Protopopescu X, Austin M-P, Reilly N, Barnett B. Screening and psychosocial assessment for perinatal depression, distress, and dysfunction. In: Martin CR, editor. Perinatal Mental Health: A clinical guide. eKindle ed: M&K Publishing, United Kingdom; 2012. p. 307-22.
GOVERNMENT REPORTS	<ol style="list-style-type: none"> Holden L, Dobson A, Byles J, Chojenta C, Reilly N, Dolja-Gore X, et al. Mental Health: Findings from the Australian Longitudinal Study on Women's Health. Report prepared for the Australian Government Department of Health and Ageing. University of Newcastle and University of Queensland, 2013.
OTHER REPORTS	<ol style="list-style-type: none"> Donnolley N, Reilly N. Perinatal Mental Health Data Development Meeting: Meeting Outcomes Paper. Report prepared for the National Perinatal Data Development Committee. National Perinatal Epidemiology & Statistics Unit, UNSW, 2013. beyondblue: the national depression initiative. National Action Plan for Perinatal Mental Health 2008. Australian Institute of Health and Welfare. Monitoring of maternal morbidity and mortality in Australia: options for the future. Submitted to Australian Commission for Safety and Quality in Health Care, February 2008.
NATIONAL / INTERNATIONAL CONFERENCE PRESENTATIONS (past 5 years)	<ol style="list-style-type: none"> Reilly N. Perinatal mental health: using ALSWH data to inform policy and practice. Australian Longitudinal Study on Women's Health Symposium, Commonwealth Department of Health, Canberra, 26 November 2019 (Invited Speaker). Reilly N. The impact of maternal adverse childhood experiences on women's health, parenting, and child outcomes. NSW Health Perinatal & Infant Mental Health Symposium, 15 November 2019 (Invited Speaker). Reilly N. The Antenatal Risk Questionnaire-Revised (ANRQ-R): a research and clinical practice update. Women's and Children's Healthcare Australasia, Perinatal & Infant Mental Health Special Interest Group Webinar, 14 November 2019 (Invited Speaker).

4. **Reilly N**, Austin M-P. Screening for anxiety disorders during pregnancy and the postpartum using the GAD-2 and EPDS-3A. Australasian Marce Society Conference, Perth, 8-10 October 2019 (Oral presentation).
5. **Reilly N**, Chambers G, Botha W, Black E, Kingston D, Austin M-P. The clinical performance and cost effectiveness of two psychosocial assessment models in a maternity setting: the PIPA study. Australasian Marce Society Conference, Perth, 8-10 October 2019 (Oral presentation).
6. **Reilly N**. Prescribing patterns for sodium valproate among Australian women of childbearing age: 2003 -2015. St John of God Burwood Hospital, Perinatal Grand Rounds, Sydney, 14 May 2019 (Oral presentation)
7. **Reilly N**. Clinical performance and cost-effectiveness of two models of routine psychosocial assessment in a maternity setting: the PIPA study. School of Nursing & Midwifery Annual Research Week, University of Newcastle, 9 August 2019 (Invited Speaker).
8. **Reilly N**. The ‘What, Why, When and How’ of competitive grant writing. School of Nursing & Midwifery Research Seminar, University of Newcastle, 24 October 2018 (Invited Speaker).
9. **Reilly N**. Prevention and early intervention programmes for maternal mental health: what are the evidence gaps, and how can we fill them? School of Nursing & Midwifery Annual Research Week, University of Newcastle 8 August 2018 (Invited Speaker).
10. **Reilly N**, Loxton D. Prevention and early intervention programmes for maternal mental health. Emerging Health Policy Research Conference, Menzies Centre for Health Policy, Sydney, 26 July 2018 (Oral presentation).
11. **Reilly N**. It takes a village: Supporting emotional wellness during pregnancy and the postpartum. Ceili Conference, Kiama, 3 February 2018 (Invited speaker).
12. **Reilly N**, Brake E, Austin M-P. Are improvements in clinical and parenting outcomes maintained following discharge from an inpatient mother-baby unit? Australasian Marcé Society Conference, Brisbane, 26-28 October 2017 (Oral presentation)
13. **Reilly N**, Black E, Chambers G,.. Austin M-P. The EPDS and ‘Whooley’ questions: How well do these measures identify current depressive and anxiety disorder during pregnancy? Australasian Marcé Society Conference, Brisbane, 26-28 October 2017 (Oral presentation)
14. **Reilly N**, Austin M-P. mummatters: an on-line tool to support emotional wellness during pregnancy and the postpartum. Australasian Marcé Society Conference, Brisbane, 26-28 October 2017 (Oral presentation)
15. **Reilly N**, Black E, Chambers G,.. Austin M-P. Study protocol for a comparative effectiveness trial of two models of perinatal integrated psychosocial assessment: The PIPA Project. Australasian Marcé Society Conference, Brisbane, 26-28 October 2017 (Oral presentation)
16. Austin M-P, Christl B, McMahon C, Kildea S, **Reilly N**...King S. Moderating effects of maternal emotional availability on language

and cognitive development in toddlers of mothers exposed to a natural disaster in pregnancy: The QF2011 Queensland Flood Study. Australasian Marcé Society Conference, Brisbane, 26-28 October 2017 (Oral presentation)

17. **Reilly N**, Austin M-P. Music therapy in an inpatient mother and baby unit: an evaluation of acceptability, experience of participation and perceived impact. International Marcé Society Conference, Melbourne, 26-28 September 2016 (Oral presentation)
18. **Reilly N**, Loxton D, Forder P, Harris S, Chojenta C, Milgrom J, Austin M-P. Prevention and early intervention for perinatal mental health: an evaluation of outcomes for women who give birth in Australia. Reaping the Benefits: Australian Longitudinal Study for Women's Health Scientific Meeting, Newcastle, 3-6 May 2016 (Oral presentation)
19. **Reilly N**, Loxton D, Forder P, Harris S, Chojenta C, Milgrom J, Austin M-P. Prevention and early intervention for perinatal mental health: an evaluation of outcomes for women who give birth in Australia. Health Services Research Association of Australia and New Zealand (HSRAANZ), 9th Biennial Health Services and Policy Research Conference, Melbourne, 7-9 December 2015 (Oral presentation)